

14^{ème} CONGRÈS
de la Société de
Gérontologie
de Bordeaux et
du Sud-Ouest



“ QUAND LES VIEILLES
ARTÈRES S'EN MÊLENT



12 & 13
sept. 2024

PESSAC
Institut des Métiers
de la Santé



université
de BORDEAUX

La prise en charge *AIGUË* de l'AVC en 2024

Pr Igor SIBON - CHU Bordeaux



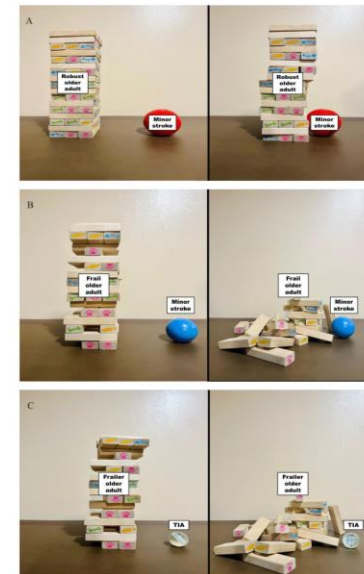
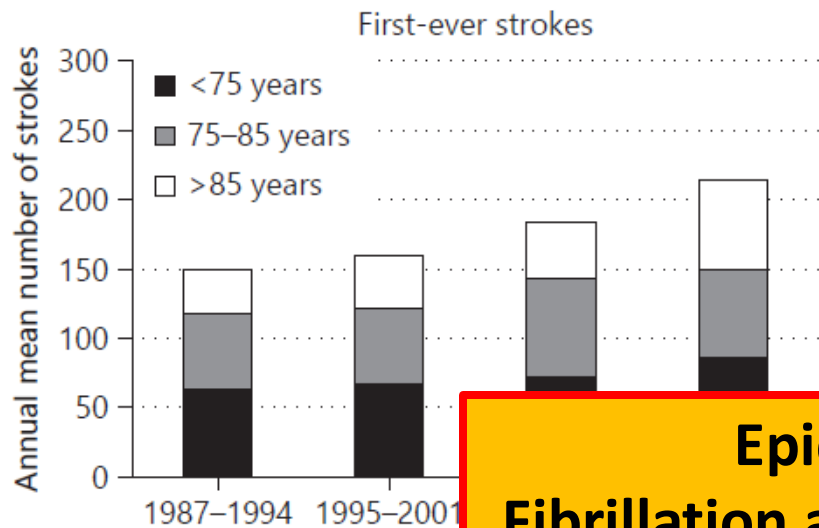
Liens d'intérêt

Relations financières

Consultant Medtronic, Bayer, Boehringer Ingelheim,
Servier, Novartis, Bioprojet, Novonordisk

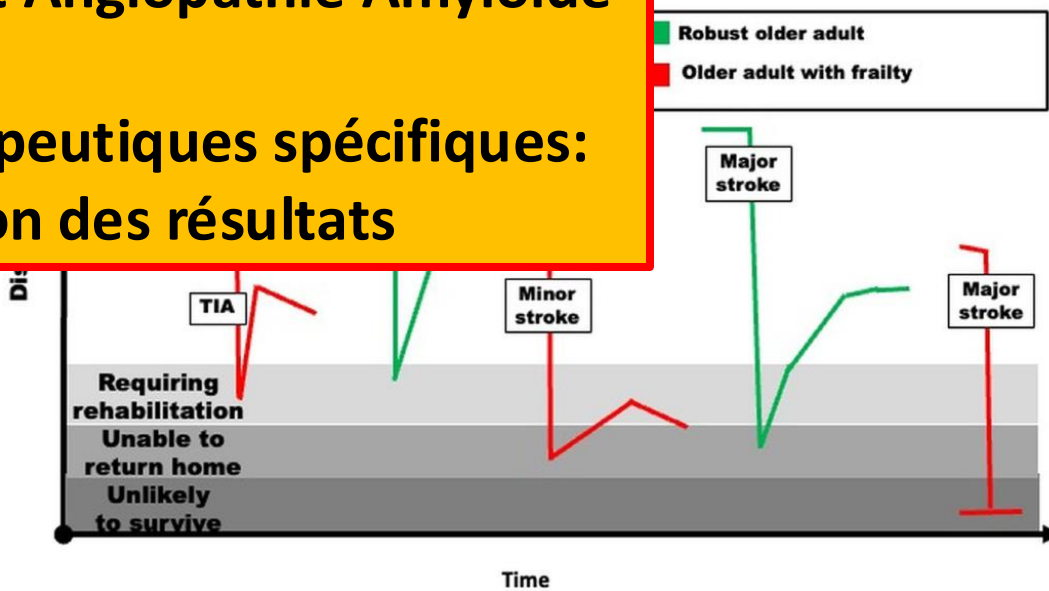
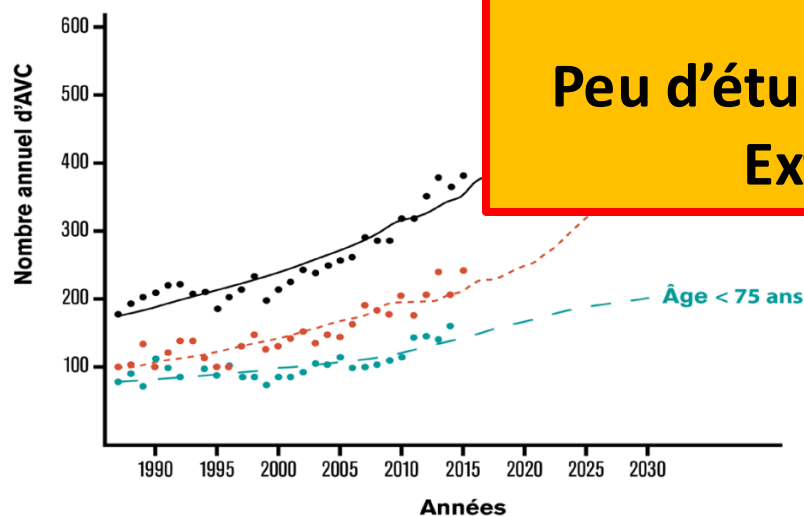
Orateur Boehringer Ingelheim, BMS-Pfizer, Bayer,
Astra-Zeneca, Medtronic, Novartis, Novonordisk

AVC... une pathologie dévastatrice du vieillissement



**Epidémiologie spécifique:
Fibrillation atriale et Angiopathie Amyloïde**

**Peu d'études thérapeutiques spécifiques:
Extrapolation des résultats**



AVC: Conduite à tenir

TIME IS BRAIN

1

Confirmer le diagnostic



Imagerie cérébrale

2

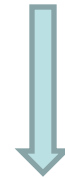
limiter les lésions cérébrales



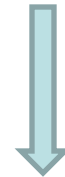
Ischémie



**Restaurer la
perfusion
cérébrale**



Hémorragie



**Réduire
l'expansion de
l'hématome**

Tout en 1

La Mobile Stroke Unit



CT scanner



**Point-of-care
lab testing**



**Personnel trained
in stroke treatment**



Prospective, Multicenter, Controlled Trial of Mobile Stroke Units

Grotta et al., NEJM 2021

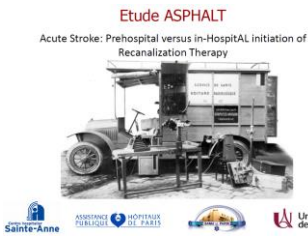


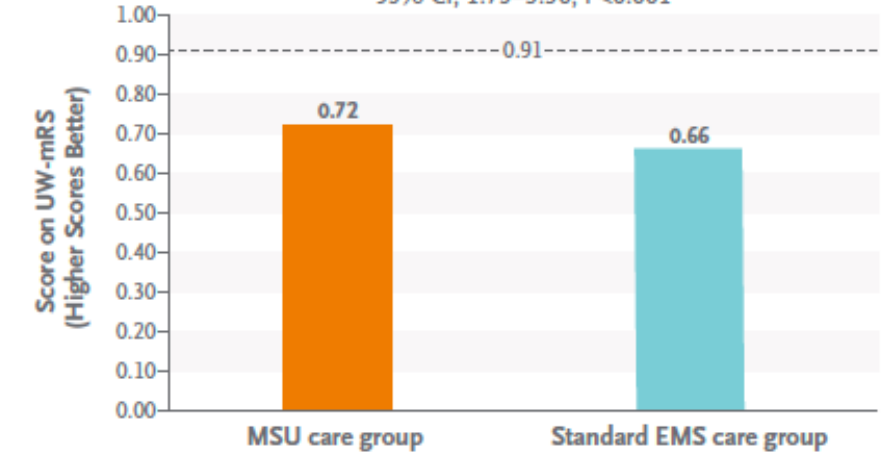
Table 3. Time Metrics in Patients Eligible for t-PA.*

Interval	Mobile Stroke Unit	Emergency Medical Services
	<i>minutes</i>	
Median interval between the time that the patient was last known to be well and t-PA treatment (IQR)	72 (55–105)	108 (84–147)
Median time from 911 alert to t-PA treatment (IQR)	46 (39–55)	78 (66–93)
Median time from ED door to t-PA bolus (IQR)	—	40 (30–51)
Median interval between the time that the patient was last known to be well and the alerting of emergency medical services (IQR)	23 (8–52)	22 (11–60)
Median time from 911 alert to arrival of emergency medical services (IQR)	9 (6–13)	9 (6–13)
Median time from arrival of emergency medical services to ED arrival (IQR)	55 (47–62)	27 (21–33)
Median interval between the time that the patient was last known to be well and endovascular thrombectomy (IQR)	166 (131–202)	163 (134–209)
Median time from 911 alert to endovascular thrombectomy (IQR)	141 (116–171)	132 (114–160)
Median time from ED door to endovascular thrombectomy (IQR)	76 (53–105)	94 (72–124)

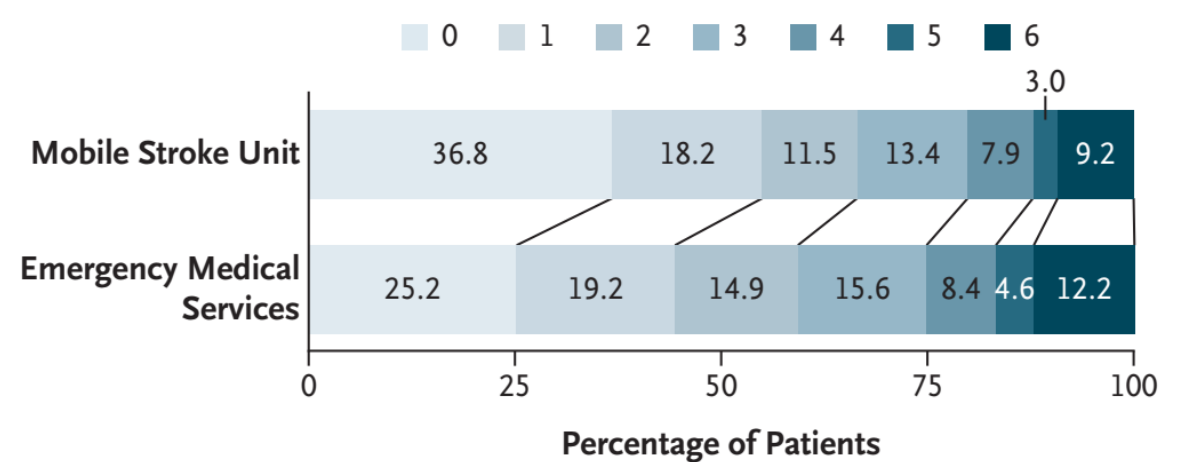
Gain de 36 mn thrombolyse IV
Absence retard thrombectomie
Traitement précoce des hémorragies cérébrales

Mean Score on the Utility-Weighted Modified Rankin Scale at 90 Days

Odds Ratio for Score ≥ 0.91 (MSU vs. EMS), 2.43;
95% CI, 1.75–3.36; $P < 0.001$

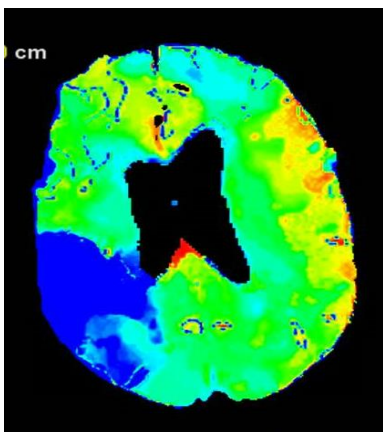


Score on the Modified Rankin Scale



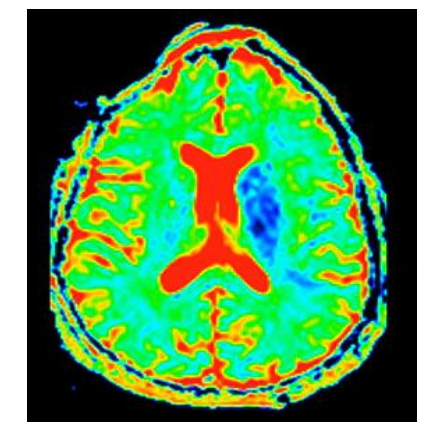
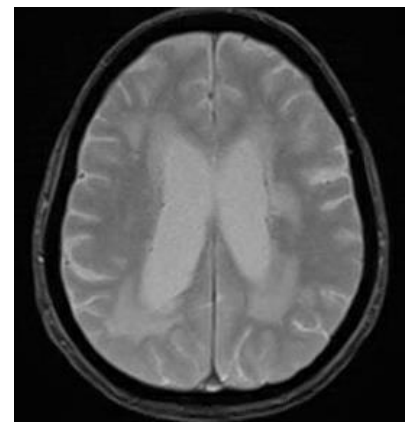
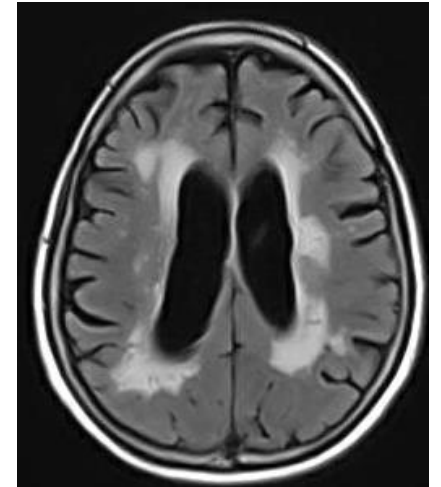
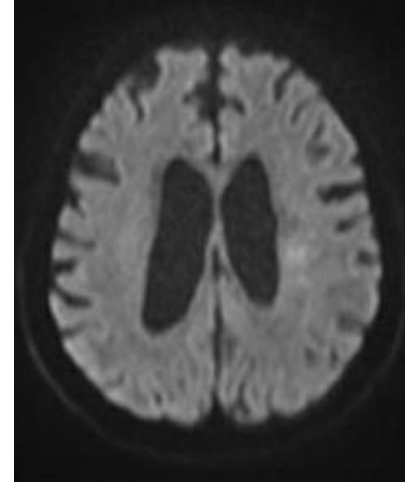
Quelle imagerie cérébrale en 1ère intention ?

TDM



+
Angiographie
TSA

IRM



Situation difficile => Imagerie Optimale pour décision thérapeutique adaptée

Imagerie multimodale : viabilité tissulaire vs chronomètre

Mismatches et Thrombus

Viabilité
tissulaire

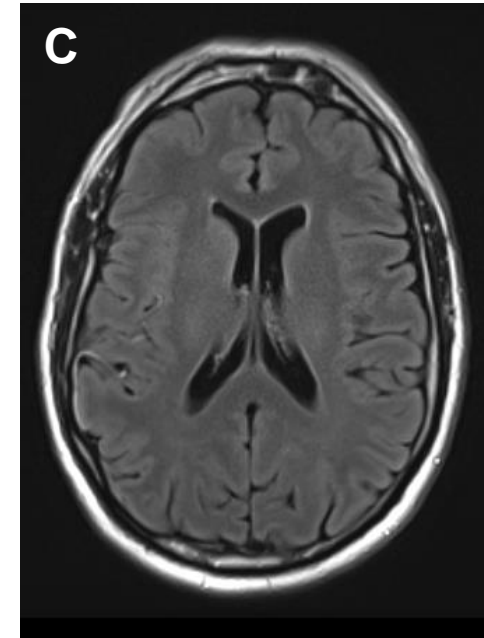
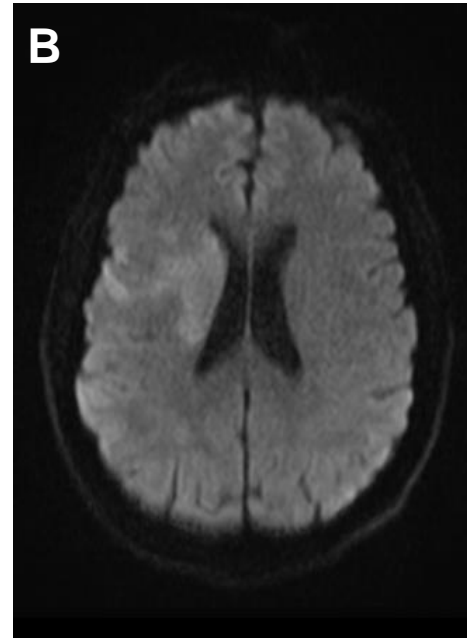
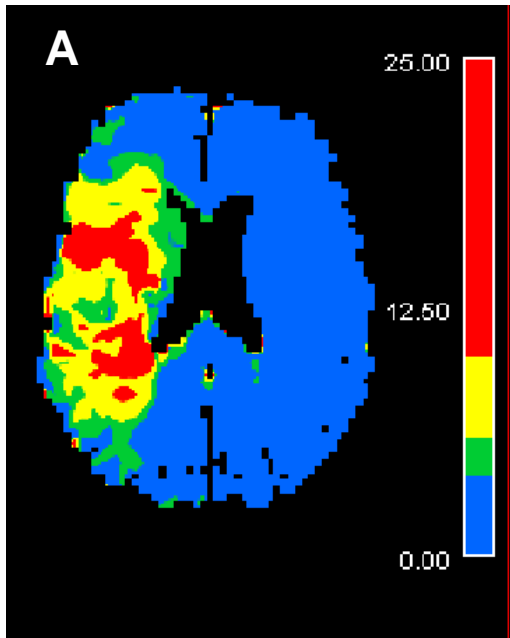
Datation des
lésions

Identification du
thrombus

PERFUSION

DIFFUSION

FLAIR



Mismatch
Diffusion-Perfusion
Zone de **PENOMBRE**

Mismatch
FLAIR-Diffusion
Délai < 4h30

Localisation,
Longueur,
Composition

Régression des symptômes : AIT

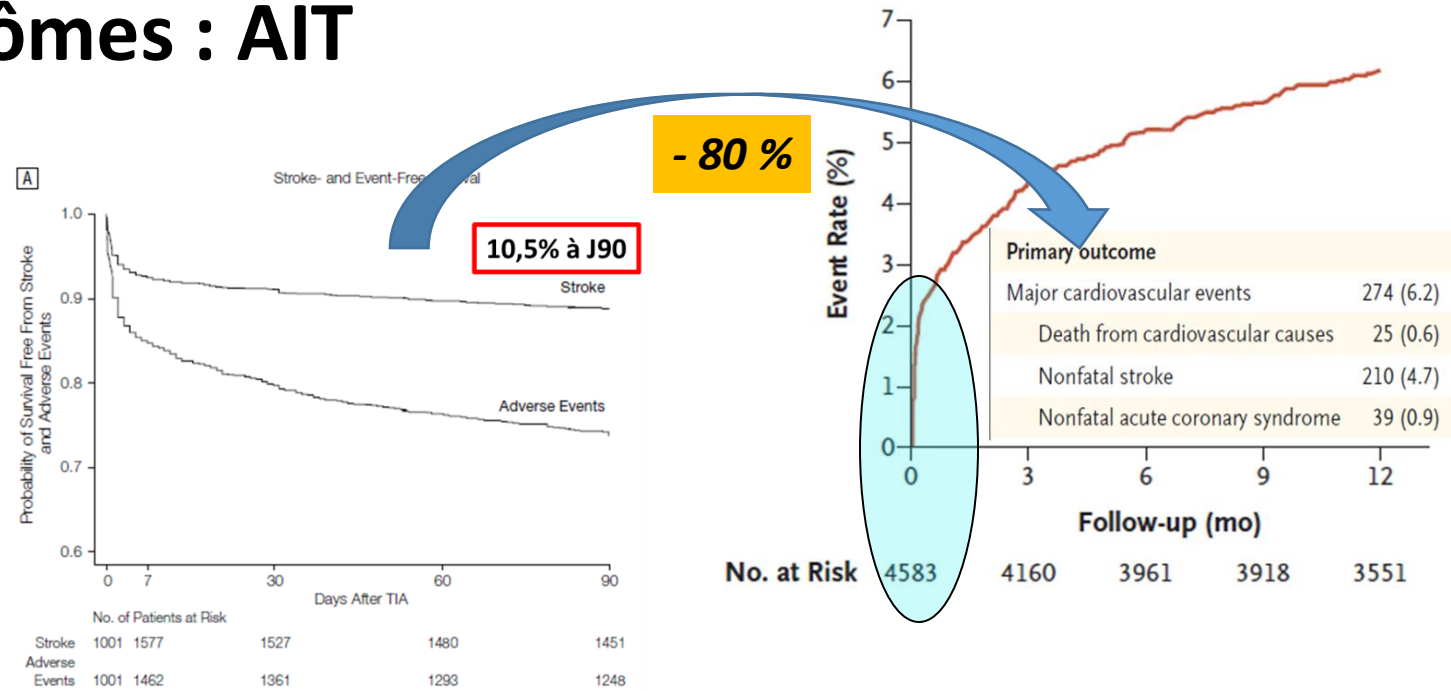
TRANSIENT ISCHEMIC ATTACK — PROPOSAL FOR A NEW DEFINITION

Albers GW. et al. NEJM 2002

- *Déficit neurologique focal d'apparition brutale**
(moins de 2 min)

- *Durée ≤ 1h*
(Typiquement)

- *Imagerie cérébrale normale*
(CT ou IRM)



Recommendation

In patients suspected of TIA, if a wait of more than 24 hours to planned imaging is foreseen and a delay is judged to increase the risk of further ischaemic events, above the risk of starting antiplatelet medication, we suggest “de novo” antiplatelet monotherapy usage compared to not starting antiplatelet monotherapy.

Quality of evidence: **Low** ⊕⊕

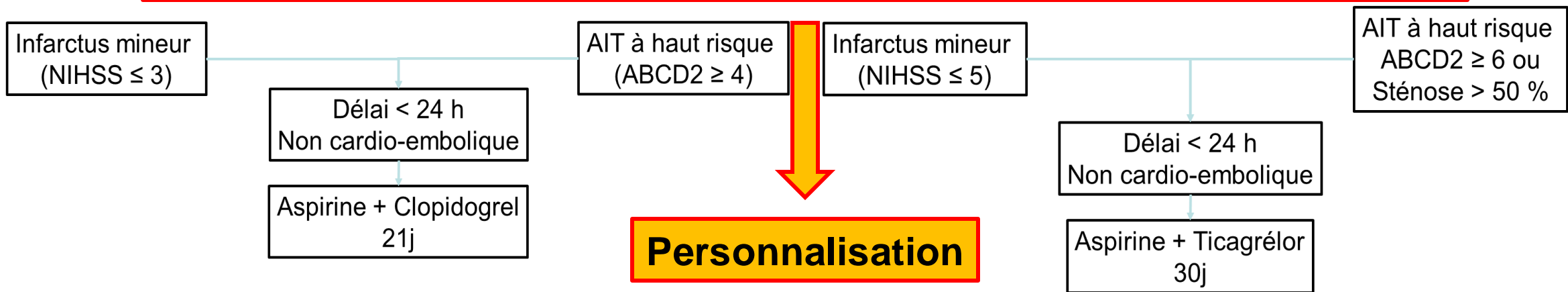
Strength of recommendation: **Weak for intervention** ↑?

European Stroke Organisation expedited recommendation for the use of short-term dual antiplatelet therapy early after minor stroke and high-risk TIA

Dawson J. et al. Eur Stroke J 2021

Balance bénéfique/risque

Infarctus cérébral : RR 0,7 (0,61-0,81) : 25 évités pour 1000 patients traités (-15/-34)
Hémorragies: RR 1,79 (1,20; 2,69): 19 supplémentaires pour 1000 patients traités (+3/+46)



Administration la plus précoce possible après le début des symptômes
Administration après réalisation d'une imagerie cérébrale
Mécanisme cardio-embolique non suspecté !

1995

Infarctus cérébral invalidant: Thrombolyse intraveineuse => Altéplase

2014

The New England
Journal of Medicine

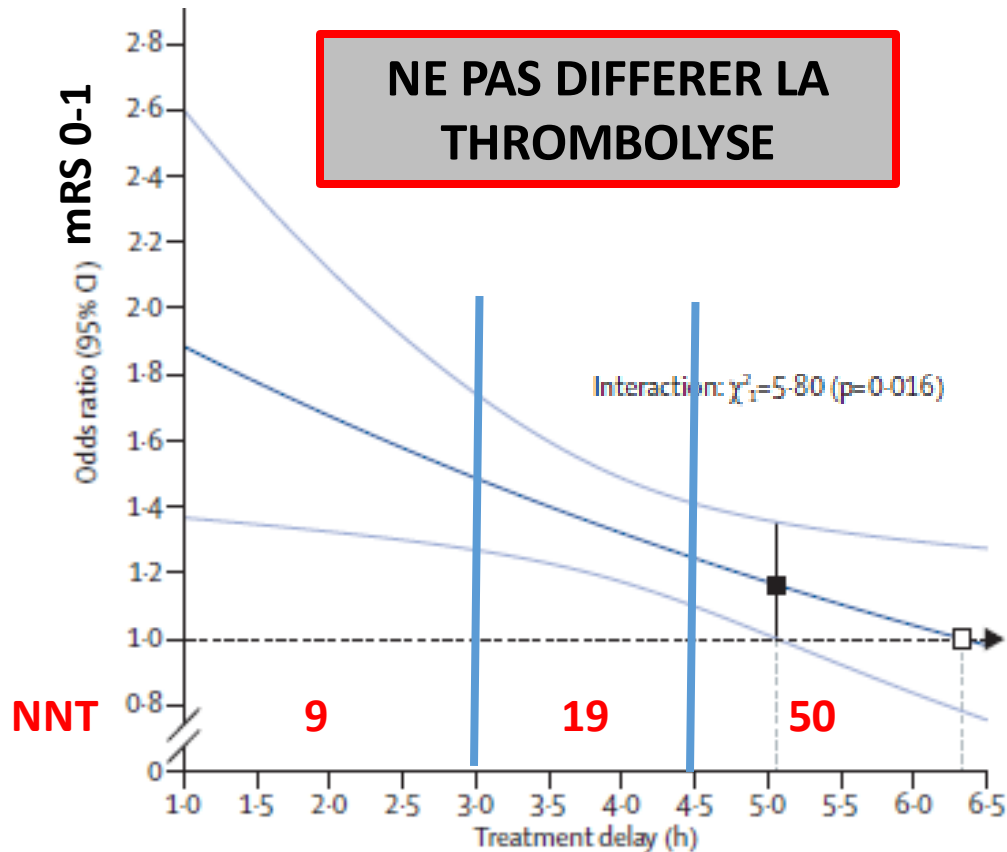


Effect of treatment delay, age, and stroke severity on the effects of intravenous thrombolysis with alteplase for acute ischaemic stroke: a meta-analysis of individual patient data from randomised trials

Volume 333 DECEMBER 14, 1995 Number 24
TISSUE PLASMINOGEN ACTIVATOR FOR ACUTE ISCHEMIC STROKE
THE NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE t-PA STROKE STUDY GROUP*

9 études (NINDS, ECASS,
ATLANTIS, IST-3)
6756 patients

**NE PAS DIFFERER LA
THROMBOLYSE**



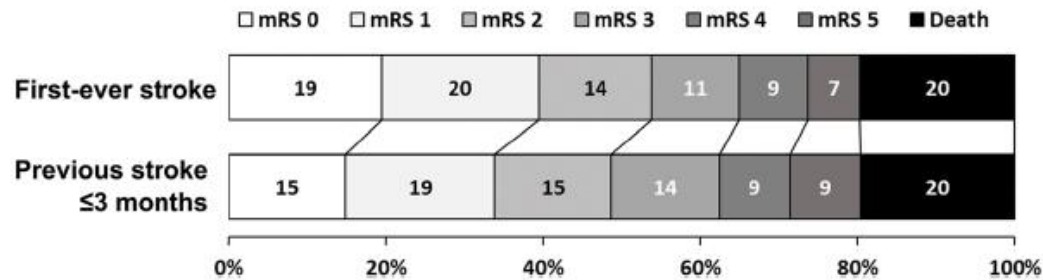
	Alteplase (n=3391)	Control (n=3365)	Odds ratio (95% CI)*
Treatment delay			
≤3.0 h	259/787 (32.9%)	176/762 (23.1%)	1.75 (1.35-2.27)
>3.0≤4.5 h	485/1375 (35.3%)	432/1437 (30.1%)	1.26 (1.05-1.51)
>4.5 h	401/1229 (32.6%)	357/1166 (30.6%)	1.15 (0.95-1.40)
Age (years)			
≤80	990/2512 (39.4%)	853/2515 (33.9%)	1.25 (1.10-1.42)
>80	155/879 (17.6%)	112/850 (13.2%)	1.56 (1.17-2.08)
Baseline NIHSS score			
0-4	237/345 (68.7%)	189/321 (58.9%)	1.48 (1.07-2.06)
5-10	611/1281 (47.7%)	538/1252 (43.0%)	1.22 (1.04-1.44)
11-15	198/794 (24.9%)	175/808 (21.7%)	1.24 (0.98-1.58)
16-21	77/662 (11.6%)	55/671 (8.2%)	1.50 (1.03-2.17)
≥22	22/309 (7.1%)	8/313 (2.6%)	3.25 (1.42-7.47)

Figure 2: Effect of alteplase on good stroke outcome (mRS 0-1), by treatment delay, age, and stroke severity

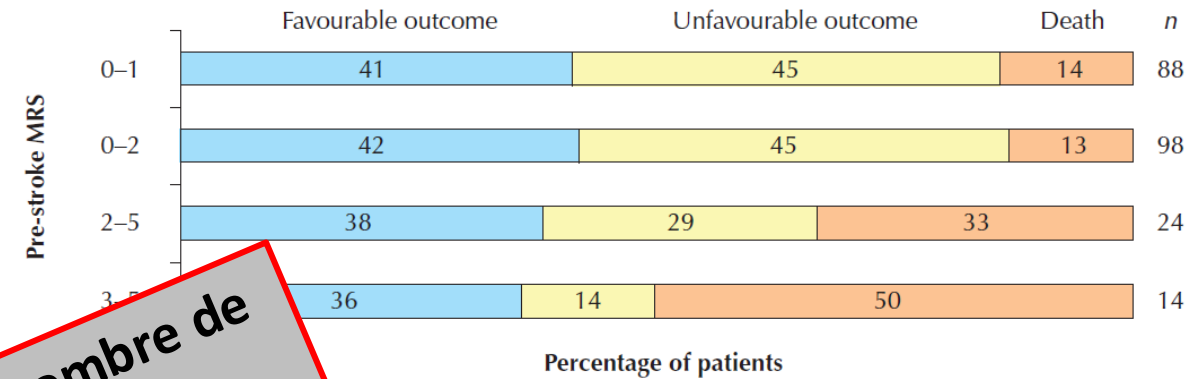
Bénéfice indépendant de l'âge

Recul des limitations d'utilisation... Inclusion des sujets âgés !

Intravenous Thrombolysis for Stroke Recurring Within 3 Months From the Previous Event



Effects of thrombolysis for acute stroke in patients with pre-existing disability

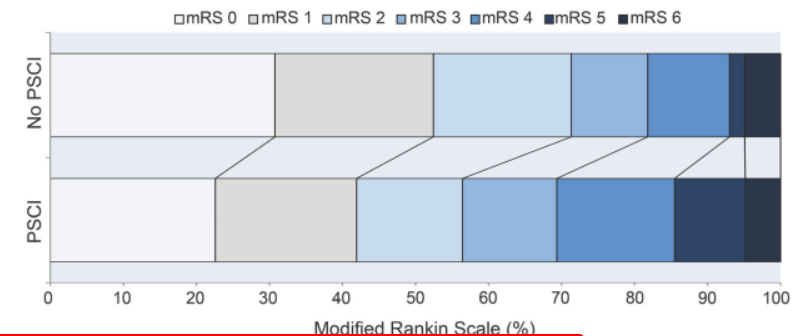


The Burden of Diabetes and the Chance of a Previous Stroke: Thrombolysis for Recurrent Stroke in Diabetics

in Stroke-Monitoring Study criteria. *Results:* Of the patients, 35% had diabetes and 33.2% had previous stroke. Of these patients, 14.4% were diabetic with previous stroke (index group). The rate of patients with poor functional outcome at discharge, symptomatic intracranial hemorrhage, or mortality did not differ between the index group and patients with either diabetes or previous stroke in 2x2 comparisons. Diabetics with first-ever stroke showed significantly more symptomatic intracranial hemorrhage (9.7%, $P < .001$) than the other groups, poorer functional recovery ($P = .036$), and the highest rate of mortality (12.4%, $P < .001$). Significant

Augmentation du nombre de patients éligibles !!

Thrombolytic therapy for stroke in patients with preexisting cognitive impairment



Handicap, Troubles cognitifs, Epilepsie, Antithrombotiques...

Outcomes of Nonagenarians with Acute Ischemic Stroke Treated with Intravenous Thrombolytics

Behrouz et al., JSCVD 2018

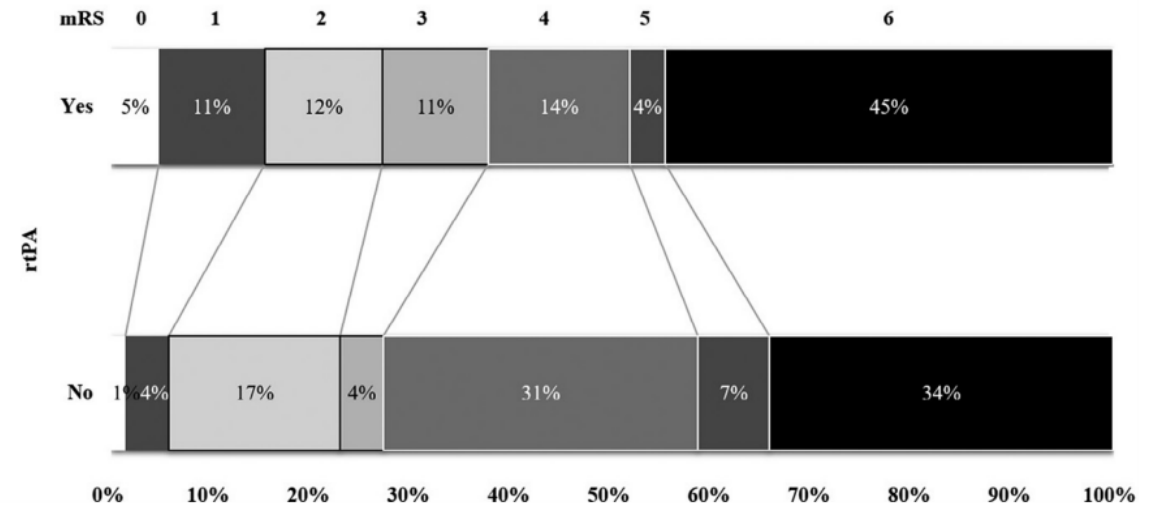
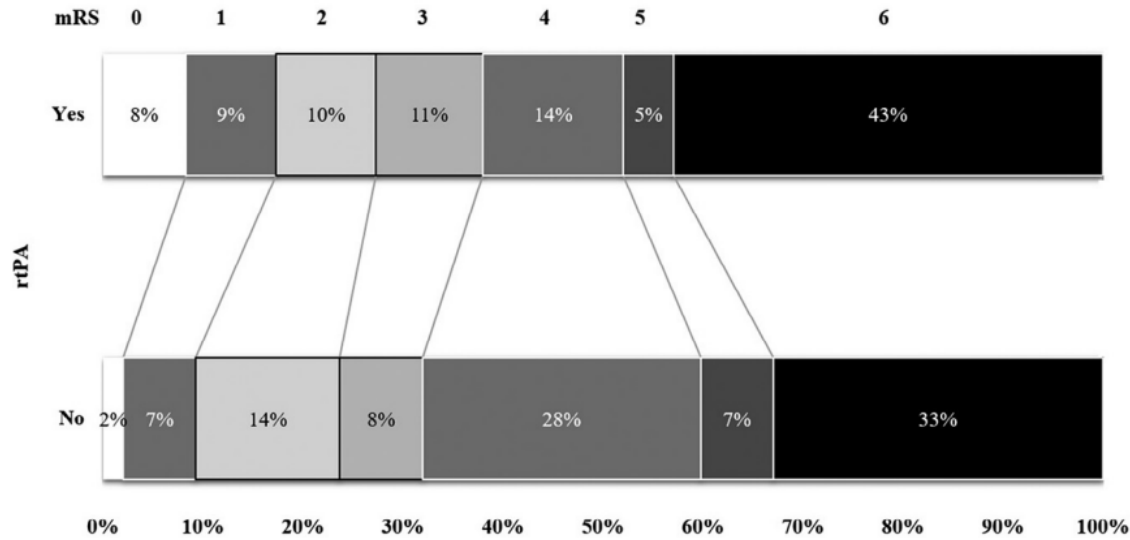
N 227

Thrombolyse 122

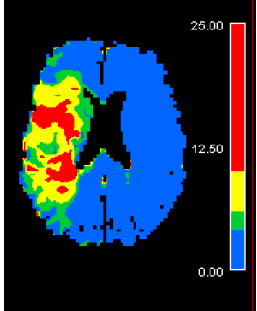
Non Thrombolyse 105

WHOLE COHORT

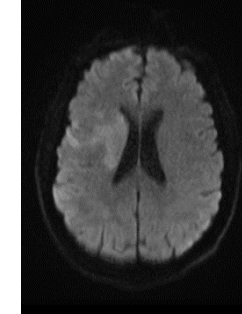
MATCHED COHORT



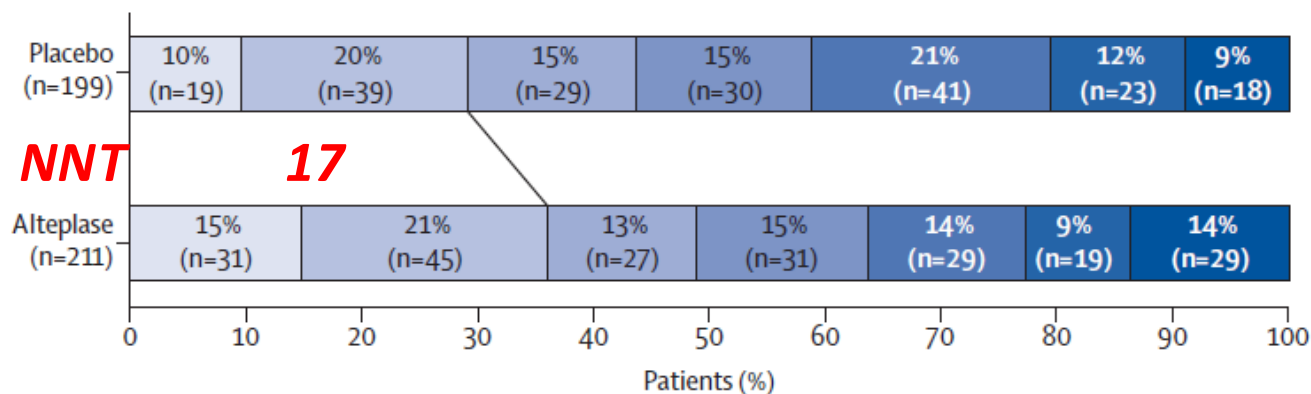
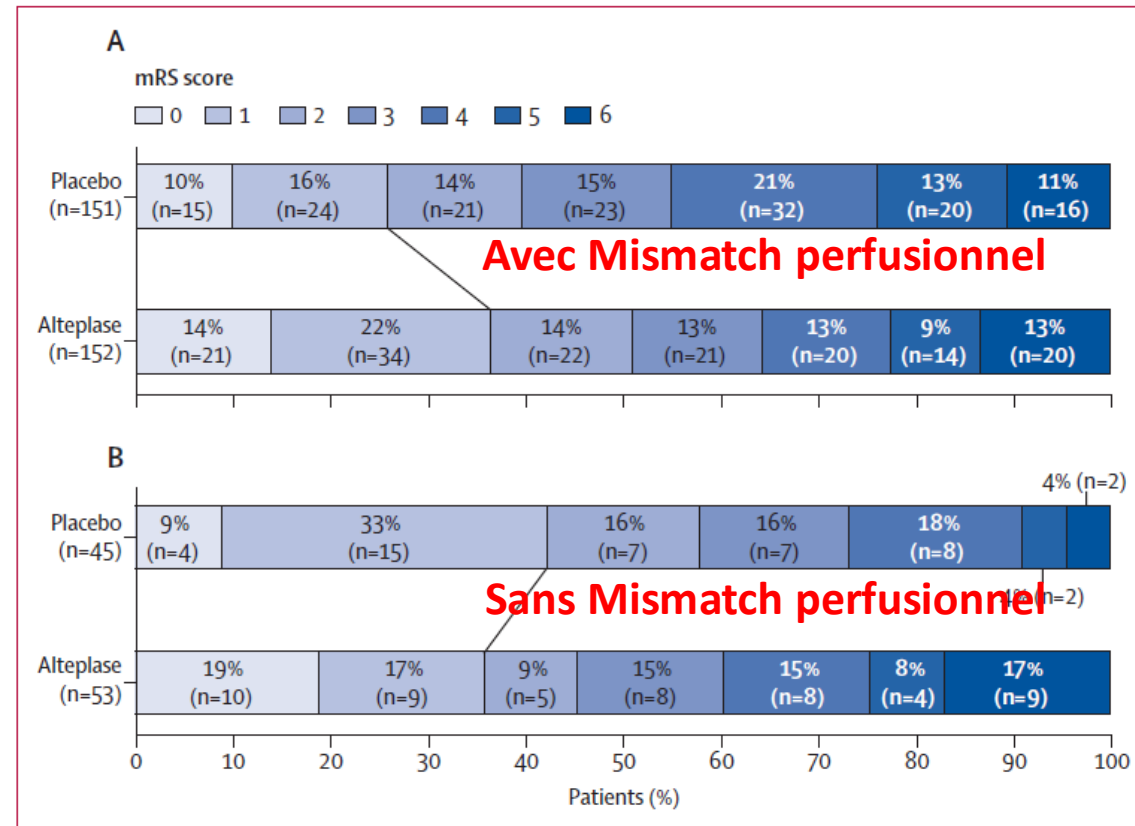
Balance bénéfice / risque hémorragique favorable !



Extending thrombolysis to 4.5-9 h and wake-up stroke using perfusion imaging: a systematic review and meta-analysis of individual patient data *Campbell et al., Lancet 2019*



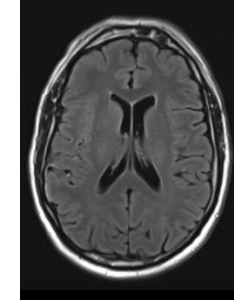
Délai : 4h30-9h00
 EPITETH // EXTEND // ECASS4/EXTEND
414 patients: 213 Altéplase // 201 Placebo
Analyse imagerie de perfusion
 Ratio mismatch > 1,2
 Volume infarctus < 70cc
 Différence Infarctus/hypoperfusion > 10cc
Logiciel dédié



mRs ≤ 2 à 3 mois
NNT = 20

MRI-Guided Thrombolysis for Stroke with Unknown Time of Onset

Thomalla et al, NEJM 2018
Wake-up Study



Heure de début indéterminée
Délai depuis constat des symptômes < 4h30

Mismatch FLAIR – Diffusion

Non éligible à la thrombectomie

Altéplase vs Placebo: 800 patients

Objectif principal: mRS 0-1 à j90

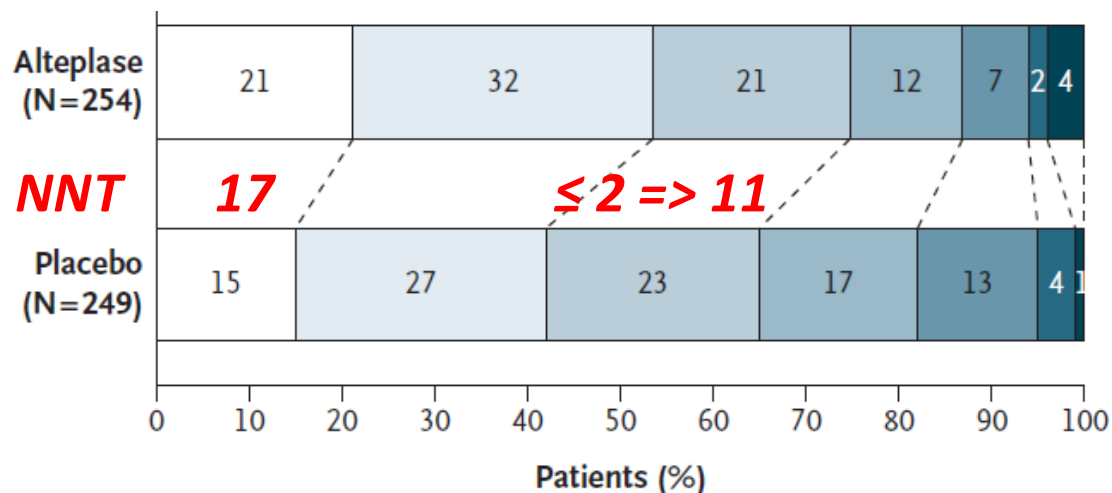


Table 2. Primary and Secondary Efficacy Outcomes (Intention-to-Treat Population).*

Outcome	Alteplase Group (N=254)	Placebo Group (N=249)	Effect Variable	Adjusted Value (95% CI)†	P Value
Primary efficacy end point					
Favorable outcome at 90 days — no./total no. (%)‡	131/246 (53.3)	102/244 (41.8)	Odds ratio	1.61 (1.09 to 2.36)	0.02
Secondary efficacy end points					
Median score on modified Rankin scale at 90 days (IQR)§	1 (1–3)	2 (1–3)	Common odds ratio	1.62 (1.17 to 2.23)	0.003¶
Correlation between treatment response at 90 days and deficit level at baseline — no./total no. (%)	72/246 (29.3)	44/244 (18.0)	Odds ratio	1.88 (1.22 to 2.89)	0.004¶
Global Outcome Score at 90 days**			Odds ratio	1.47 (1.07 to 2.04)	0.02¶
Median score on Beck Depression Inventory at 90 days (IQR)††	6.0 (2.0–11.0)	7.0 (2.0–14.0)	Mean difference (log _e)	–0.04 (–0.22 to 0.15)	0.69¶
Total score on EQ-5D at 90 days‡‡	1.9±2.1	2.4±2.4	Mean difference	–0.52 (–0.88 to –0.16)	0.004¶
Score on visual analog scale on EQ-5D at 90 days§§	72.6±19.7	64.9±23.8	Mean difference	7.64 (3.75 to 11.51)	<0.001¶
Median infarct volume at 22–36 hr (IQR) — ml ¶¶	3.0 (0.8–17.7)	3.3 (1.1–16.6)	Mean difference (log _e)	–0.16 (–0.47 to 0.15)	0.32¶
Secondary					
Symptomatic intracranial hemorrhage					
As defined in SITS-MOST‡‡‡		5 (2.0)	1 (0.4)	4.95 (0.57–42.87)	0.15

Intravenous tenecteplase compared with alteplase for acute ischaemic stroke in Canada (ACT): a pragmatic, multicentre, open-label, registry-linked, randomised, controlled, non-inferiority trial

Menon et al., Lancet 2022

**Alteplase 0,9 mg/kg vs Ténecteplase (0,25 mg/kg)
IC < 4h30
Déficit significatif
Randomisation 1:1**

	Tenecteplase group (n=806)	Alteplase group (n=771)
Age, years	74 (63-83)	73 (62-83)
Sex		
Female	382 (47.4%)	373 (48.4%)
Male	424 (52.6%)	398 (51.6%)
Baseline NIHSS score (n=1569)	9 (6-16)	10 (6-17)
Baseline NIHSS score categories		
<8	325/803 (40.5%)	294/766 (38.4%)
8-15	247/803 (30.8%)	256/766 (33.4%)
>15	231/803 (28.8%)	216/766 (28.2%)
Occlusion site on baseline CT angiography (n=1558)*		
Intracranial internal carotid artery	69/801 (8.6%)	66/757 (8.7%)
M1 segment MCA	118/801 (14.7%)	119/757 (15.7%)
M2 segment MCA	174/801 (21.7%)	141/757 (18.6%)
Other distal occlusions†	130/801 (16.2%)	138/757 (18.2%)
Vertebrobasilar arterial system	26/801 (3.2%)	38/757 (5.0%)
Cervical internal carotid artery	17/801 (2.1%)	9/757 (1.2%)
No visible occlusions	267/801 (33.3%)	246/757 (32.5%)
Presence of large vessel occlusion on baseline CT angiography (n=1558)	196/801 (24.5%)	193/757 (25.5%)

Tenecteplase versus alteplase in acute ischaemic cerebrovascular events (TRACE-2): a phase 3, multicentre, open-label, randomised controlled, non-inferiority trial

Wang et al., Lancet 2023

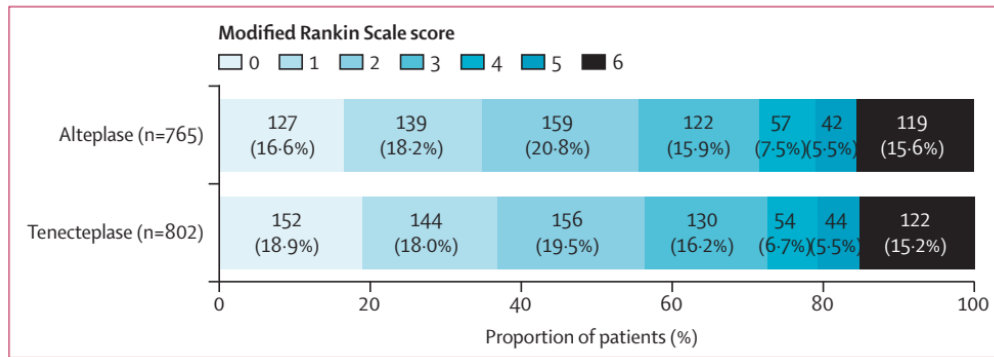
**Alteplase 0,9 mg/kg vs Ténecteplase (0,25 mg/kg)
IC < 4h30
Eligibles TLY – inéligibles TM
NIHSS 5-25**

	Tenecteplase (n=710)	Alteplase (n=707)
Age, years	67 (58-73)	65 (58-72)
Age		
18-59 years	211 (30%)	218 (31%)
60-79 years	423 (60%)	428 (61%)
≥80 years	76 (11%)	61 (9%)
Sex		
Male	492 (69%)	479 (68%)
Female	218 (31%)	228 (32%)
Ethnicity		
Chinese	710 (100%)	707 (100%)
Weight, kg	65 (59-75)	67 (60-75)
Medical history		
Hypertension	510 (72%)	512 (72%)
Diabetes	172 (24%)	207 (29%)
Hyperlipidaemia	130 (18%)	160 (23%)
Coronary heart disease	167 (24%)	166 (24%)
Arrhythmia	137 (19%)	146 (21%)
Baseline NIHSS score*	7 (5-10)	7 (6-10)

Intravenous tenecteplase compared with alteplase for acute ischaemic stroke in Canada (ACT): a pragmatic, multicentre, open-label, registry-linked, randomised, controlled, non-inferiority trial

Menon et al., Lancet 2022

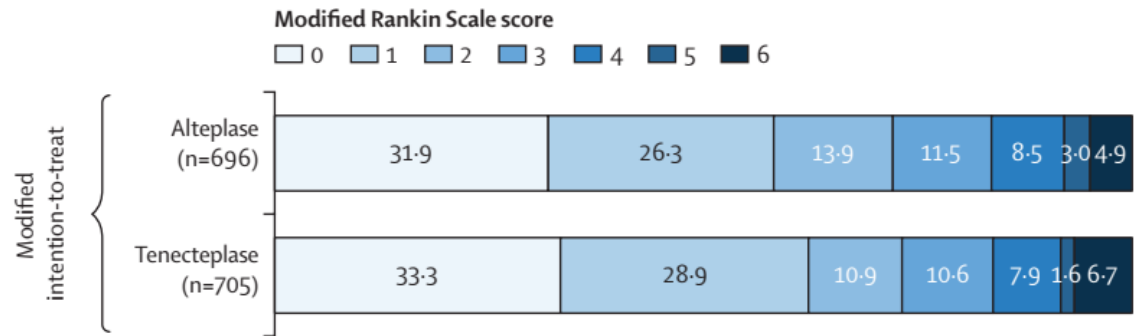
Alteplase 0,9 mg/kg vs Ténecteplase (0,25 mg/kg)
IC < 4h30
Déficit significatif
Randomisation 1:1



Tenecteplase versus alteplase in acute ischaemic cerebrovascular events (TRACE-2): a phase 3, multicentre, open-label, randomised controlled, non-inferiority trial

Wang et al., Lancet 2023

Alteplase 0,9 mg/kg vs Ténecteplase (0,25 mg/kg)
IC < 4h30
Eligibles TLY – inéligibles TM
NIHSS 5-25



	Tenecteplase (n=711)	Alteplase (n=706)	Effect size (95% CI)*	p value
Symptomatic intracranial haemorrhage within 36 h	15 (2%)	13 (2%)	1.18 (0.56-2.50)	0.72
Symptomatic intracranial haemorrhage within 90 days	17 (2%)	15 (2%)	1.18 (0.59-2.37)	0.74
Parenchymal haematoma 2 intracranial haemorrhage within 36 h	10 (1%)	3 (<1%)	3.73 (0.99-14.13)	0.053
Any intracranial haemorrhage within 90 days	44 (6%)	50 (7%)	0.92 (0.62-1.36)	0.50
Other significant haemorrhage events within 90 days	5 (1%)	5 (1%)	1.05 (0.29-3.90)	0.99
Deaths	46 (7%)	35 (5%)	1.31 (0.86-2.01)	0.22

	Tenecteplase group (n=806)	Alteplase group (n=771)	Unadjusted difference in proportion	Adjusted risk ratio*
Primary outcome				
mRS score 0-1 at 90-120 days (n=1567)	296/802 (36.9%)	266/765 (34.8%)	2.1 (-2.6 to 6.9)	..
Secondary outcomes*				
mRS score 0-1 at 90-120 days (n=1567)	296/802 (36.9%)	266/765 (34.8%)	..	1.1 (1.0 to 1.2)
mRS score 0-2 at 90-120 days (n=1567)	452/802 (56.4%)	425/765 (55.6%)	0.8 (-4.1 to 5.7)	1.0 (1.0 to 1.1)
Actual mRS score at 90-120 days (n=1567)	2 (1 to 4)	2 (1 to 4)
Return to baseline function (n=1454)	219/740 (29.6%)	199/714 (27.9%)	1.7 (-2.9 to 6.4)	1.1 (0.9 to 1.2)

Tenecteplase versus Alteplase before Thrombectomy for Ischemic Stroke

Campbell et al., NEJM 2018

Délai < 6h

Occlusion proximale circulation antérieure

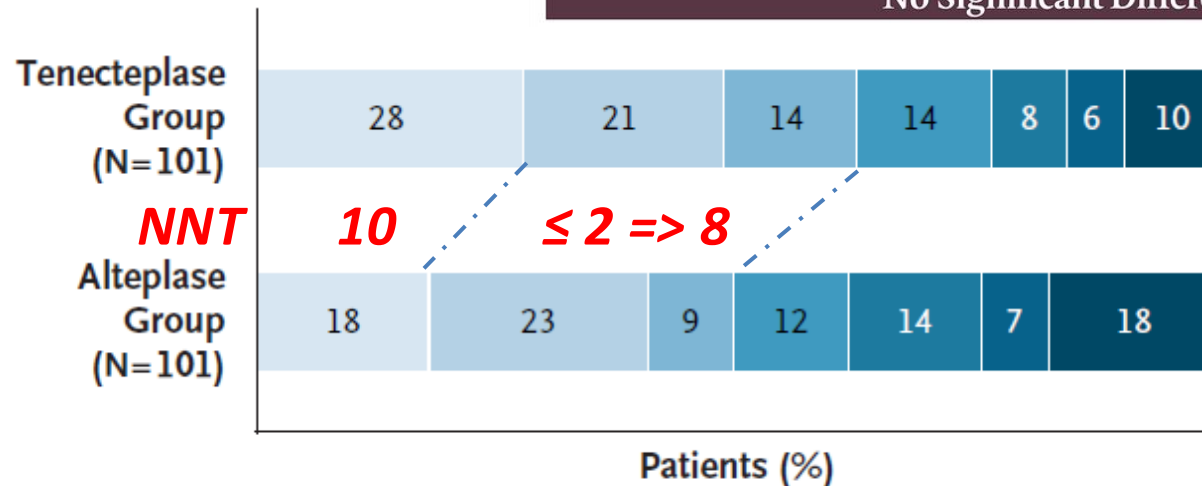
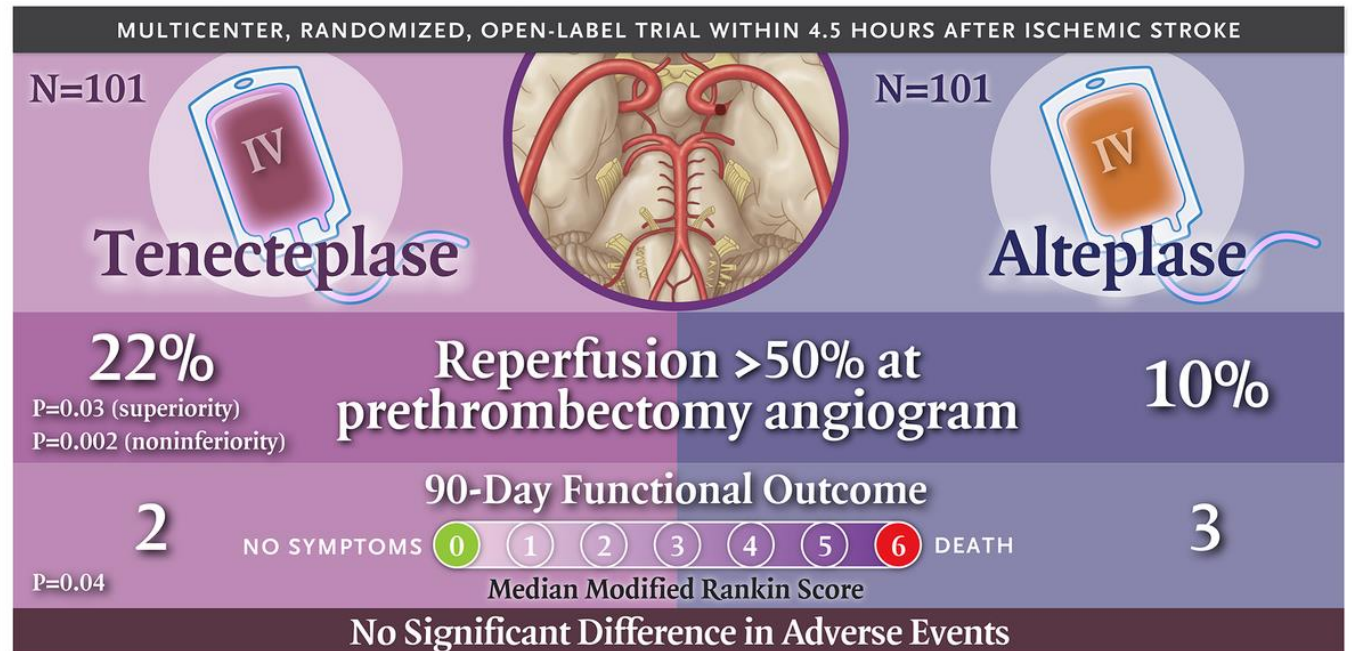
202 patients:

Ténecteplase vs Altéplase

Critères de jugement

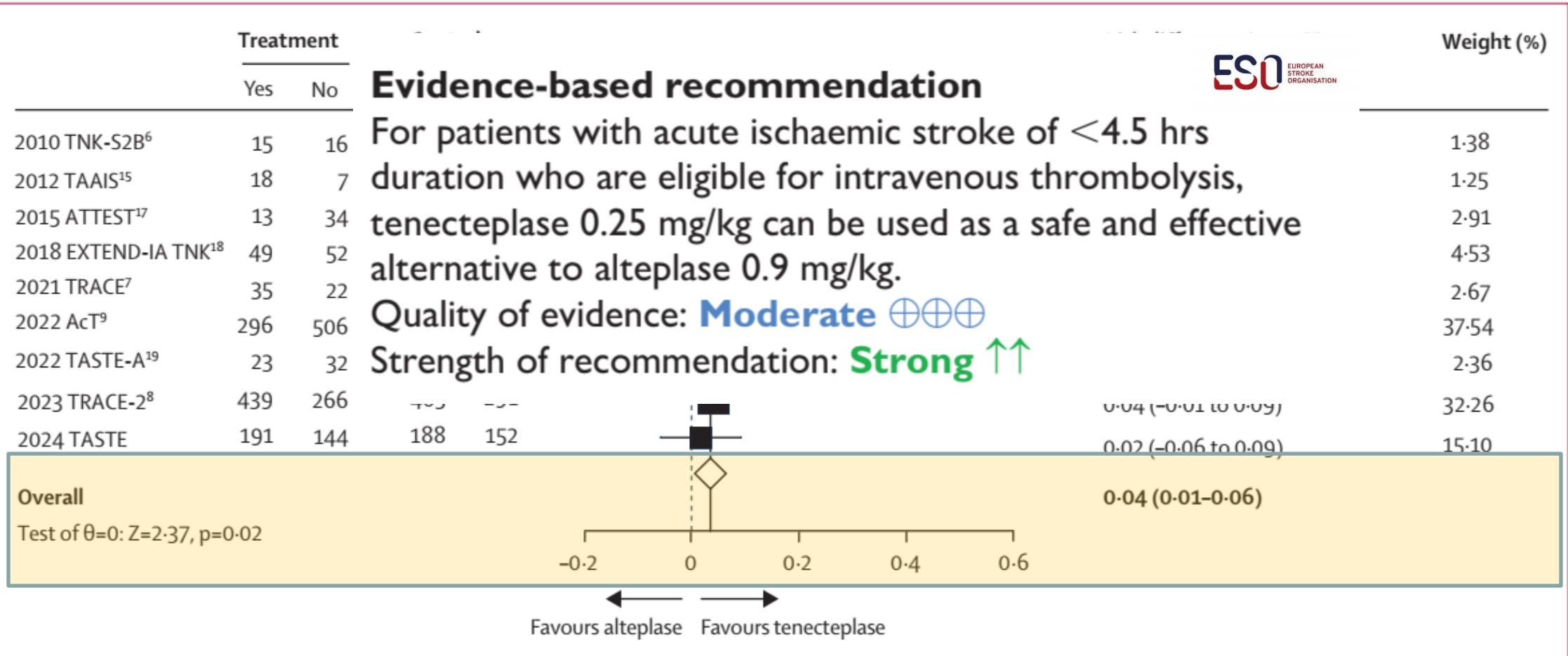
Taux de recanalisation pré-thrombectomie

Pronostic fonctionnel



Tenecteplase versus alteplase for thrombolysis in patients selected by use of perfusion imaging within 4.5 h of onset of ischaemic stroke (TASTE): a multicentre, randomised, controlled, phase 3 non-inferiority trial

Parsons et al., Lancet Neurol 2024



Ténectéplase = Alternative thérapeutique

Tenecteplase for Ischemic Stroke at 4.5 to 24 Hours

A PLAIN LANGUAGE SUMMARY

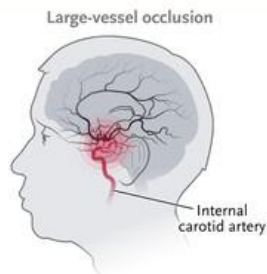
Based on the NEJM publication: Tenecteplase for Ischemic Stroke at 4.5 to 24 Hours without Thrombectomy by Y. Xiong et al. (published June 14, 2024)

In this trial, researchers investigated the efficacy and safety of intravenous tenecteplase administered 4.5 to 24 hours after the onset of stroke in patients who had had ischemic stroke and did not have access to thrombectomy.

For patients with large-vessel ischemic stroke who present within 4.5 hours after onset and do not have access to endovascular thrombectomy, intravenous thrombolytic agents are recommended. However, more than two thirds of patients who have had ischemic stroke present more than 4.5 hours after onset or with an unknown time of onset.

WHY WAS THE TRIAL DONE?

Tenecteplase is an effective thrombolytic agent for eligible patients with stroke who are treated within 4.5 hours after onset. The effect of later administration of tenecteplase in patients without immediate access to thrombectomy is currently unclear.



HOW WAS THE TRIAL CONDUCTED?

516 patients with ischemic stroke due to anterior-circulation large-vessel occlusion who had salvageable tissue 4.5 to 24 hours after the onset of stroke were assigned to receive intravenous tenecteplase (0.25 mg per kilogram of body weight, up to 25 mg) or standard medical treatment. The primary outcome was the absence of disability, which was defined as a score of 0 or 1 on the modified Rankin scale (range, 0 to 6, with higher scores indicating greater disability) at day 90. The key safety outcomes were symptomatic intracranial hemorrhage and death.

Tenecteplase
0.25 mg/kg of body weight



264 Patients

Standard Treatment



252 Patients

PATIENTS

WHO 516 Chinese adults

Median age, 67 years

Men: 68%, Women: 32%

CLINICAL STATUS

Large-vessel occlusion of the middle cerebral artery or internal carotid artery

Treatment initiated 4.5 to 24 hours after stroke onset (i.e., after the patient was last known to be well, including after stroke on awakening and unwitnessed stroke)

With salvageable tissue on perfusion imaging

Without access to endovascular thrombectomy

TRIAL DESIGN

- PHASE 3
- MULTICENTER
- OPEN-LABEL
- BLINDED OUTCOME ASSESSMENT
- RANDOMIZED
- CONTROLLED
- LOCATION: 58 CENTERS IN CHINA

RESULTS

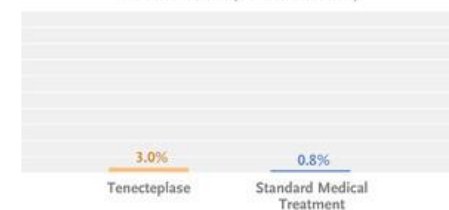
Treatment with tenecteplase resulted in a higher percentage of patients with no disability than standard medical treatment.

The incidence of symptomatic intracranial hemorrhage within 36 hours after treatment appeared to be higher in the tenecteplase group. Mortality at 90 days was similar in the two groups (approximately 13%).

Absence of Disability
(modified Rankin scale score of 0 or 1 at 90 days)
Relative rate, 1.37 (95% CI, 1.04–1.81; P=0.03)



Symptomatic Intracranial Hemorrhage
(within 36 hours after treatment)
Relative rate, 3.82 (95% CI, 0.82–17.87)



MODIFIED RANKIN SCALE SCORE

The percentage of patients with a modified Rankin scale score of 0 or 1 at 90 days was greater with intravenous tenecteplase than with standard medical treatment.

Modified Rankin Scale Score						
0	1	2	3	4	5	6
No symptoms	No clinically meaningful disability	Slight disability	Moderate disability	Moderately severe disability	Severe disability	Death

LIMITATIONS AND REMAINING QUESTIONS

- Treatment was open-label.
- The effect size, although similar to the thrombolytic benefit of tenecteplase within 3 hours after the onset of stroke, was smaller than that of thrombectomy.
- The trial was performed in China, where intracranial atherosclerosis is more prevalent than in Western countries and atrial fibrillation is less prevalent.

CONCLUSIONS

In Chinese patients with ischemic stroke who did not have access to thrombectomy, tenecteplase administered 4.5 to 24 hours after the onset of stroke resulted in a higher percentage of patients with no disability at 90 days than standard medical treatment.

LINKS: FULL ARTICLE | NEJM QUICK TAKE | EDITORIAL

FURTHER INFORMATION

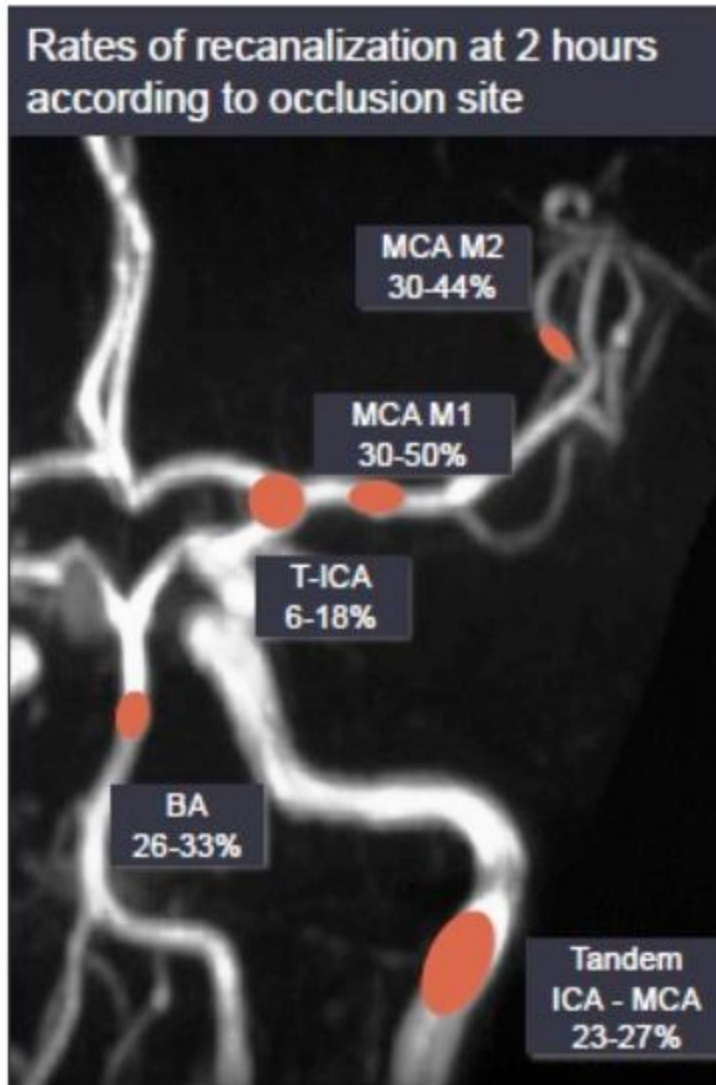
Trial registration: ClinicalTrials.gov number, NCT05141305

Trial funding: National Natural Science Foundation of China and others

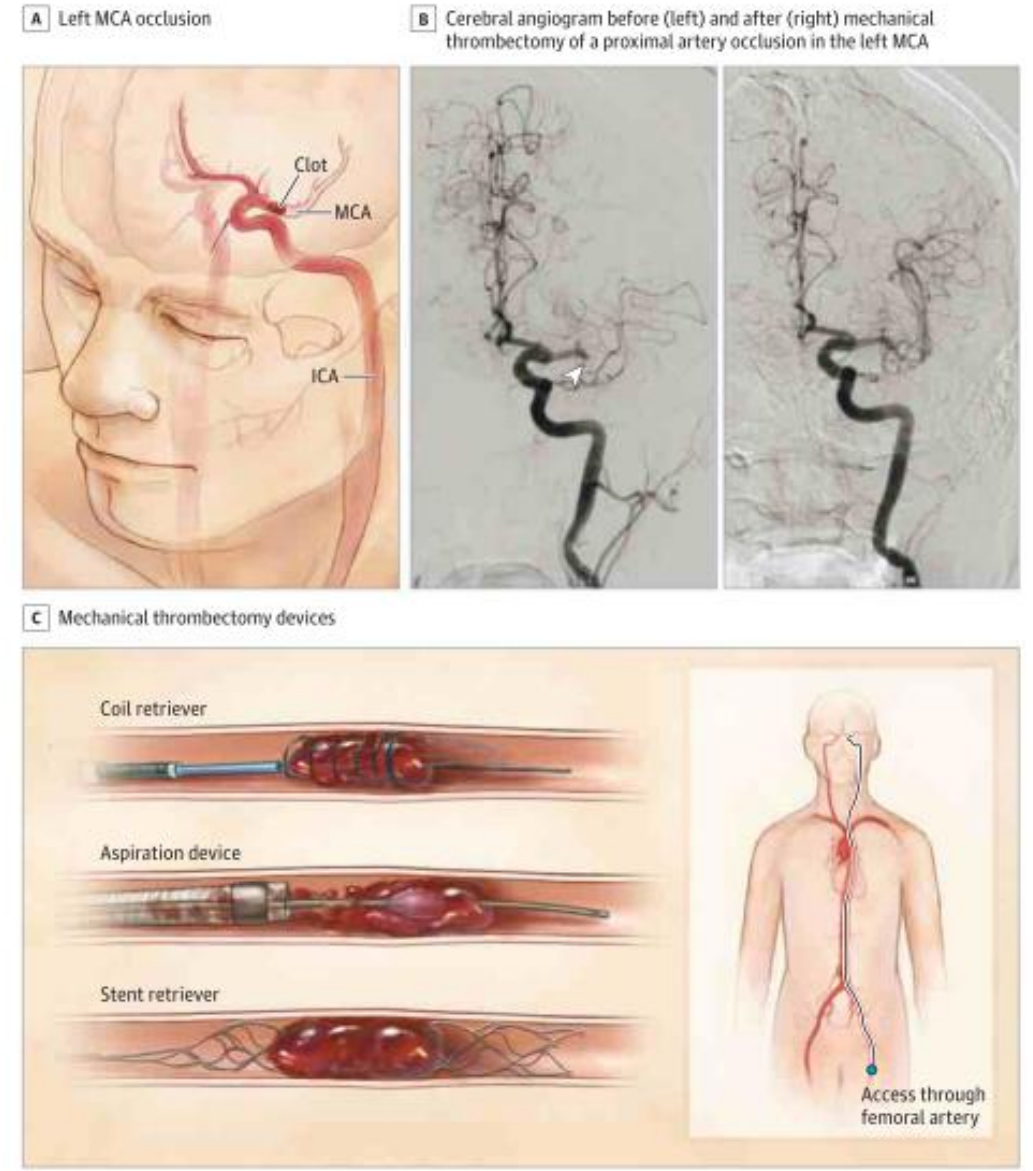
Full citation: Xiong Y, Campbell BCV, Schwamm LH, et al. Tenecteplase for ischemic stroke at 4.5 to 24 hours without thrombectomy. N Engl J Med 2024;391:203-12. DOI: 10.1056/NEJMoa2402980

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Réduire les échecs de la thrombolyse



TICI 2b-3 > 80 %



2015

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

JANUARY 1, 2015

VOL. 372 NO. 1

A Randomized Trial of Intraarterial Treatment for Acute Ischemic Stroke

Berkhemer et al., NEJM 2015

MR CLEAN

NIHSS moyen à l'admission: 17

Délai < 6h

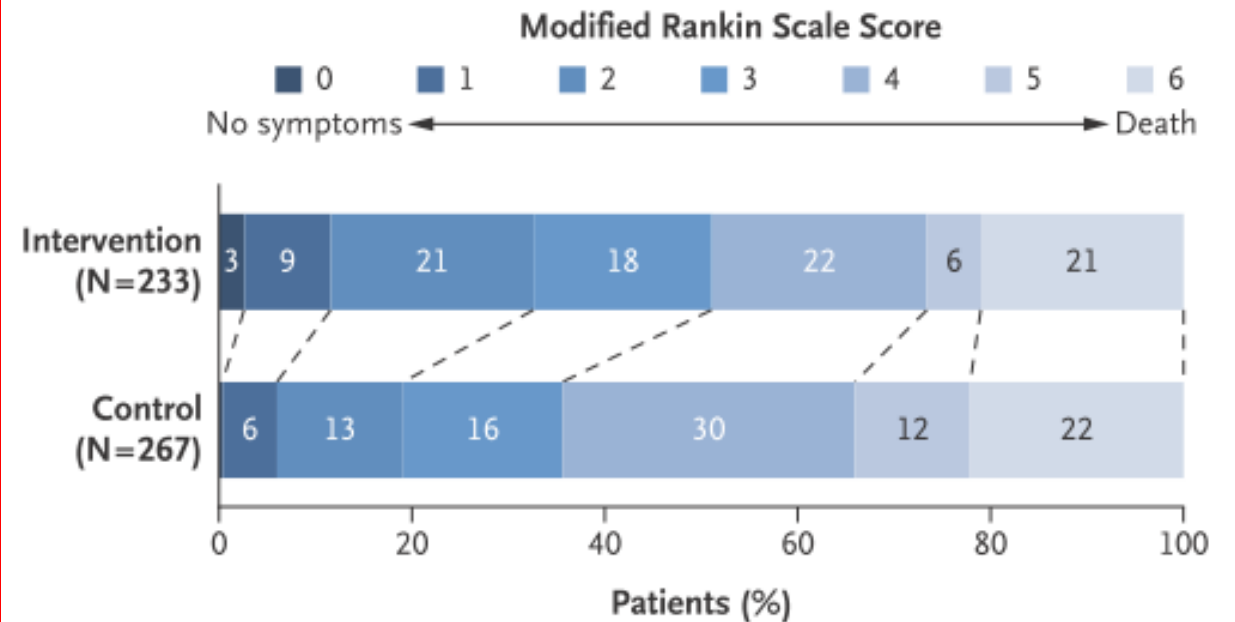
Occlusion proximale circulation antérieure

500 patients:

**Meilleur traitement médical vs
Meilleur traitement médical + Thrombectomie
mécanique**

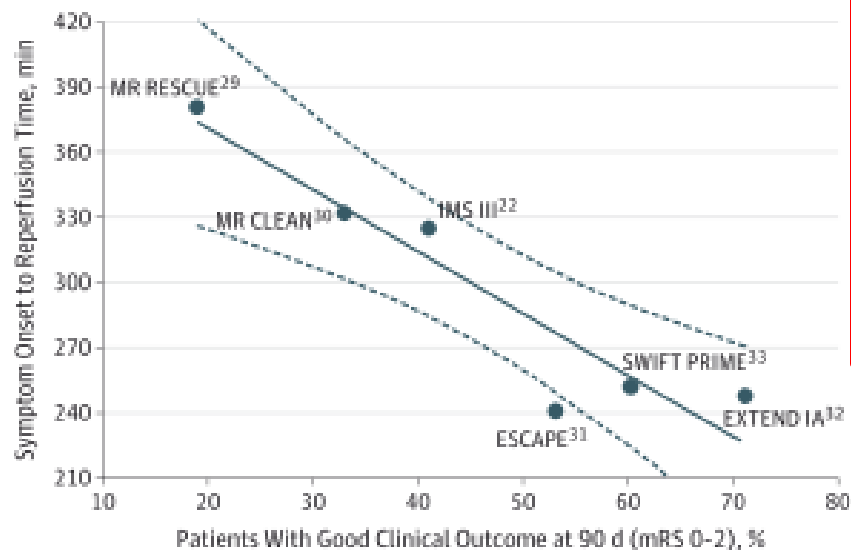
Absence de limite d'âge ou NIHSS
Imagerie Conventiennelle,

Critères de jugement principal
Pronostic fonctionnel



**mRs ≤ 2 à 3 mois
NNT = 7**

B Time to reperfusion



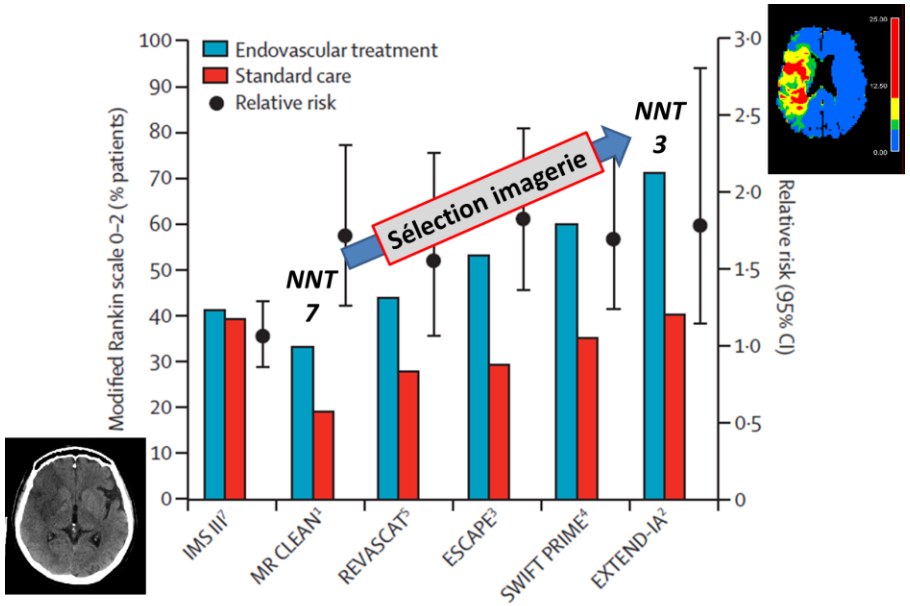
Règle 666
 ≤ 6 heures
 $NIHSS \geq 6$
 $ASPECT \geq 6$
Carotidien

Déterminants
de l'efficacité



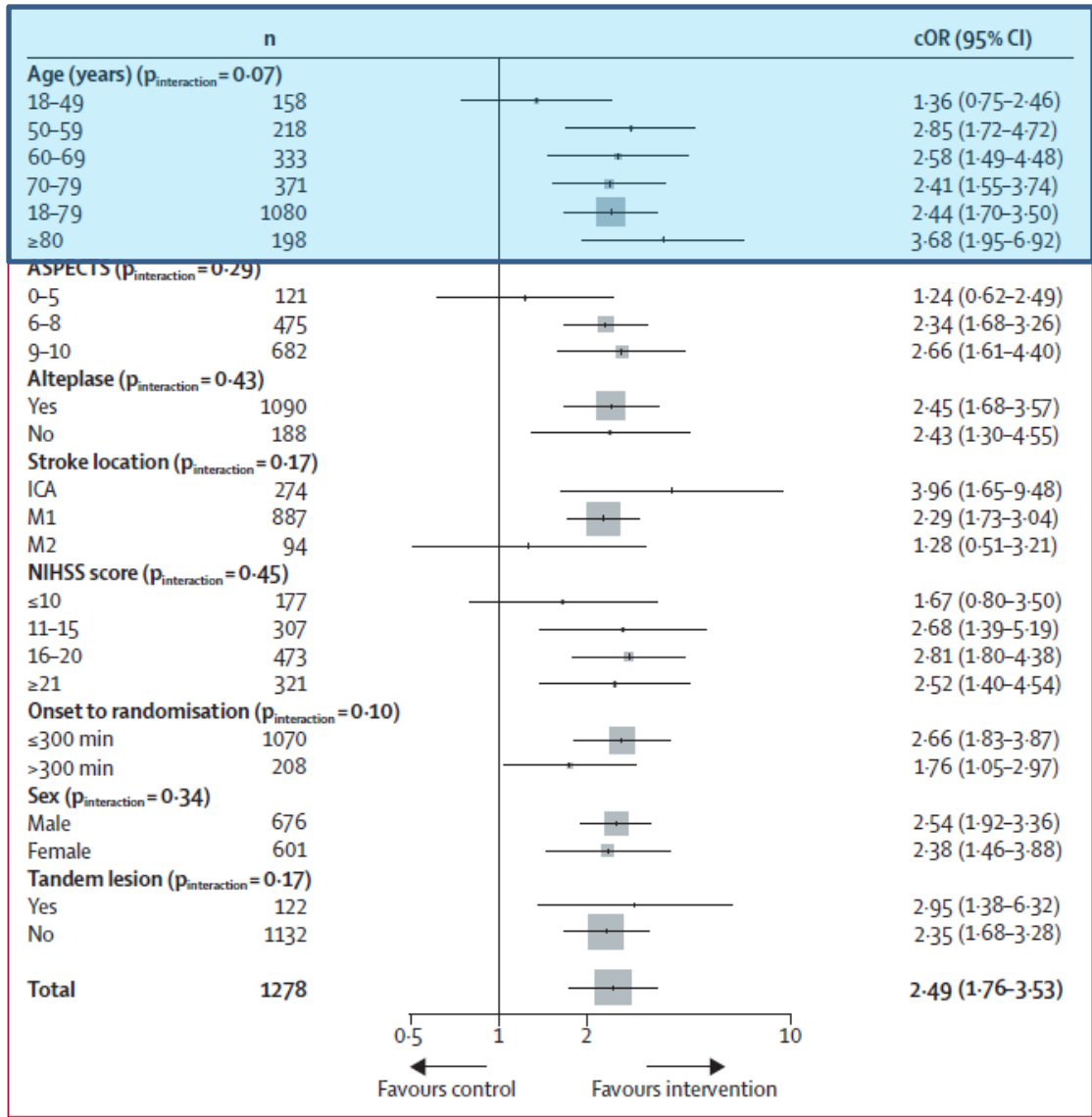
Recanalisation

Temps
Population
Imagerie

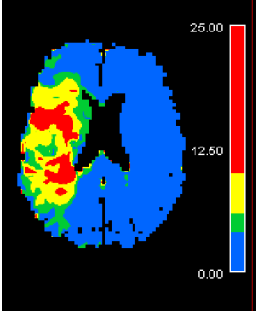


Prabhakaran JAMA 2015

Endovascular thrombectomy after large-vessel ischaemic stroke: a meta-analysis of individual patient data from five randomised trials

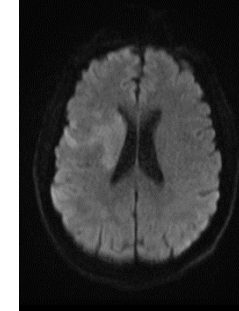


Goyal et al., Lancet 2016



Thrombectomy for anterior circulation stroke beyond 6 h from time last known well (AURORA): a systematic review and individual patient data meta-analysis

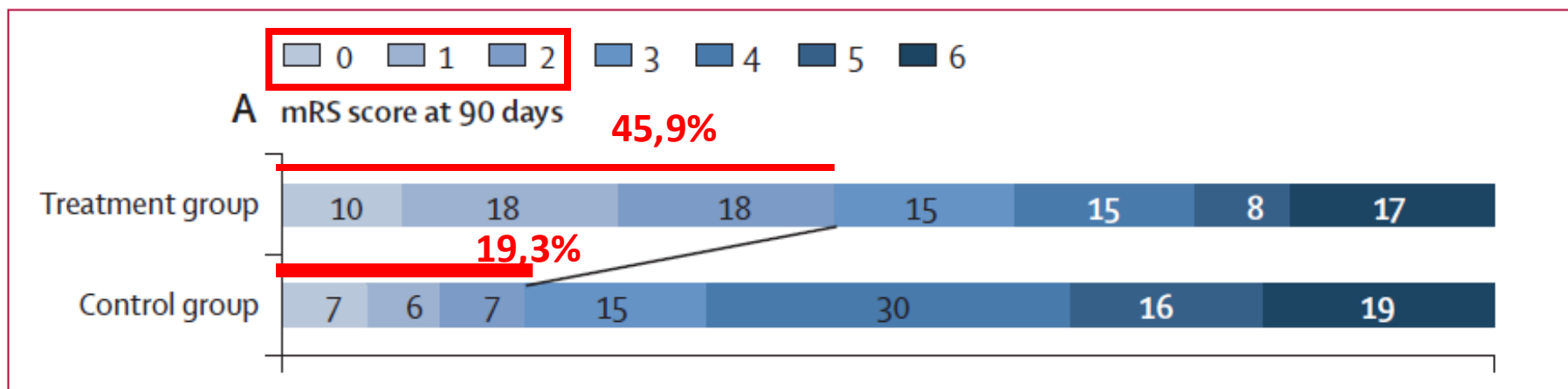
Jovin et al., Lancet 2022



DAWN, DEFUSE 3, ESCAPE, POSITIVE, REVASCAT, RESILIENT

Traitement endovasculaire +/- thrombolyse IV
N = 266

Traitement médical standard
N = 239

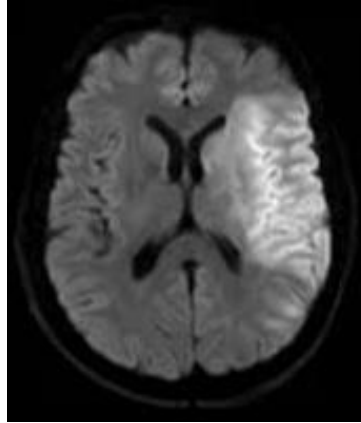


Absence de limite supérieure d'âge...mais mRS 0-1 à l'inclusion

Trial of Endovascular Thrombectomy for Large Ischemic Strokes

Sarraj et al.,
NEJM 2023
SELECT-2

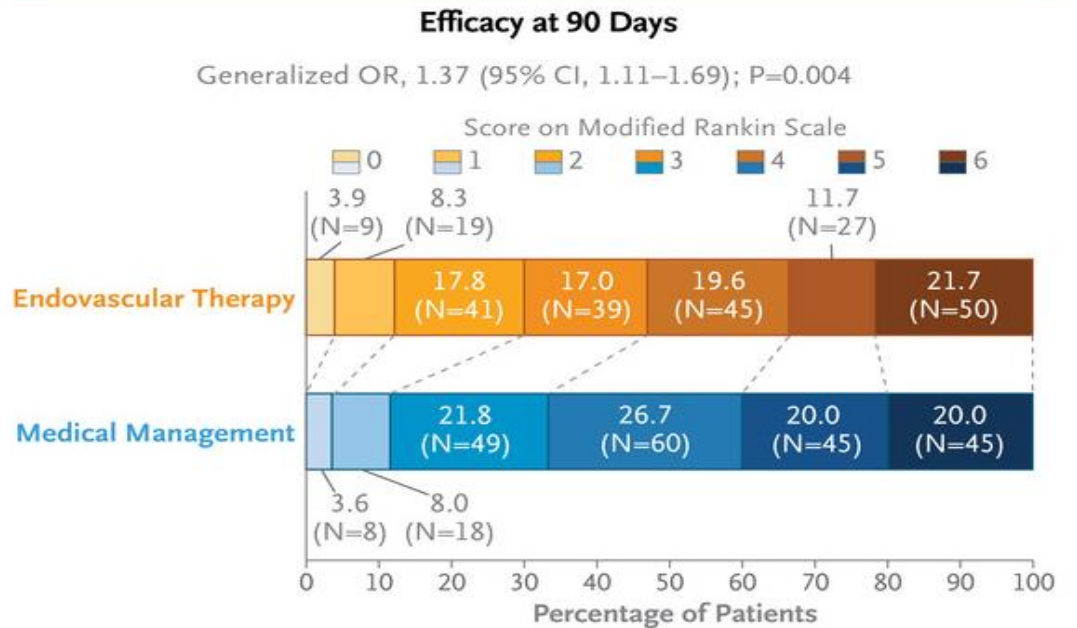
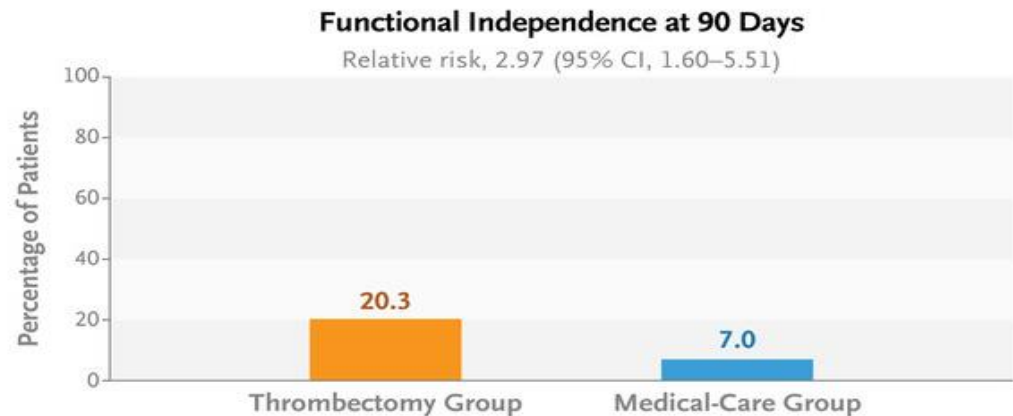
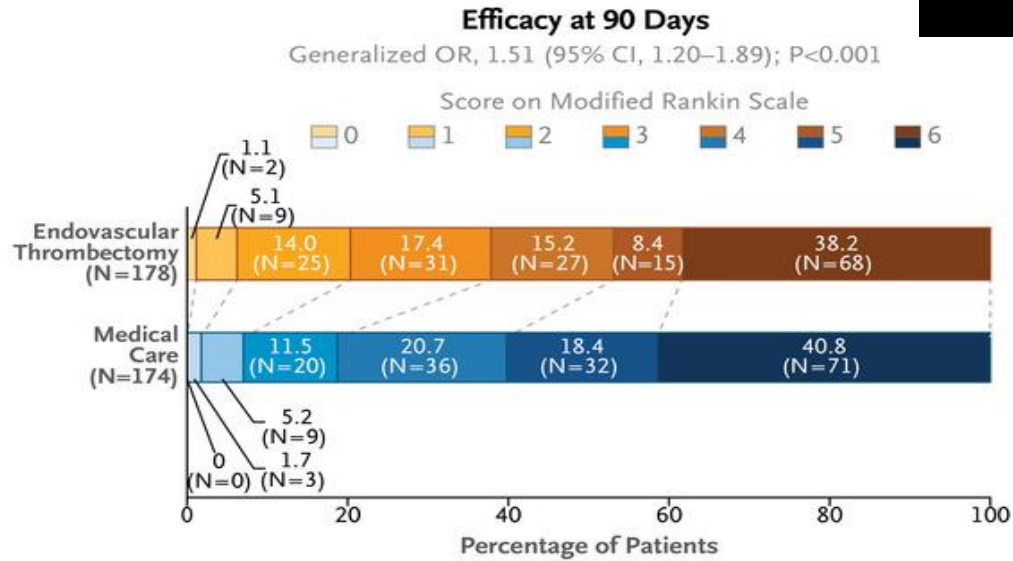
Infarctus Cérébral < 24h
ASPECT 3-5 ou Volume > 50 cc
18-85 ans; pré-mRS < 2;



Trial of Endovascular Therapy for Acute Ischemic Stroke with Large Infarct

Huo et al.,
NEJM 2023
ANGEL-ASPECT

Infarctus Cérébral < 24h
ASPECT 3-5 ou 0-2 + Volume 70-100 cc
18-80 ans; pré-mRS < 2; NIHSS 6-30



Thrombectomy for Stroke with Unrestricted Infarct Size

A PLAIN LANGUAGE SUMMARY

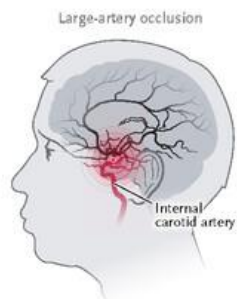
Based on the NEJM publication: Trial of Thrombectomy for Stroke with a Large Infarct of Unrestricted Size by V. Costalat et al. (published May 9, 2024)

In this trial, investigators compared outcomes of thrombectomy plus medical care with outcomes of medical care alone in patients with stroke and a large infarct of unrestricted size.

Large infarcts are defined by an Alberta Stroke Program Early Computed Tomography Score (ASPECTS) of 0 to 5 on a scale of 0 to 10.

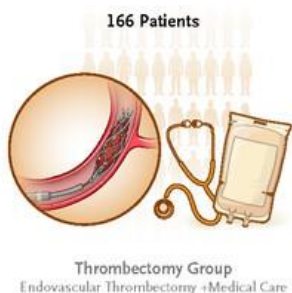
WHY WAS THE TRIAL DONE?

In the initial trials of thrombectomy for stroke with large-artery occlusion in the anterior circulation, patients with the largest infarcts (ASPECTS value, ≤ 1) were excluded. But because the benefit of thrombectomy did not diminish with larger infarcts in these trials, even patients with the largest infarcts at baseline might benefit.



HOW WAS THE TRIAL CONDUCTED?

333 patients with proximal cerebral vessel occlusion in the anterior circulation and a large infarct (ASPECTS value, ≤ 5) were assigned to receive either thrombectomy plus medical care or medical care alone. The primary outcome was the score on the modified Rankin scale at 90 days, with higher scores indicating greater disability or death.



PATIENTS



WHO 333 adults

CLINICAL STATUS At least moderate stroke symptoms

Able to undergo randomization within 6.5 hours after symptoms began

Admitted to acute-stroke units or neurologic intensive care units

TRIAL DESIGN

- RANDOMIZED
- PROSPECTIVE
- CONTROLLED
- MULTICENTER
- OPEN-LABEL
- BLINDED OUTCOME EVALUATION

A majority of patients had a **very large infarct** (ASPECTS value, ≤ 2). Patients with similarly large infarcts were generally excluded from previous trials.



RESULTS

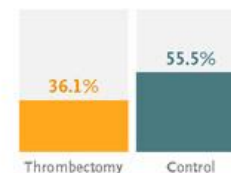
The **modified Rankin scale** score at 90 days favored thrombectomy plus medical care (median score, 4) over medical care alone (median score, 6).



Mortality at 90 days was lower in the thrombectomy group. Thrombectomy led to procedural complications in some patients, and symptomatic intracerebral hemorrhage at 24 hours was more common with thrombectomy than with medical care alone.

Death from Any Cause

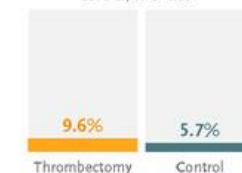
Adjusted relative risk, 0.65; 95% CI, 0.50–0.84; P<0.001



Intracerebral Hemorrhage

(Heidelberg bleeding classification)

Adjusted relative risk, 1.73; 95% CI, 0.78–4.68



Full trial results are available at [NEJM.org](https://www.nejm.org).

LIMITATIONS AND REMAINING QUESTIONS

- The trial was stopped early because other trials completed in the meantime showed a benefit of thrombectomy in patients with large infarcts of unrestricted size.
- MRI was used for the selection of most patients in the trial, whereas CT is usually used to assess stroke in clinical practice.
- Some patients who were eligible for intravenous thrombolysis therapy did not receive it.

CONCLUSIONS

In patients with stroke with occlusion in the anterior circulation and a large infarct of unrestricted size, thrombectomy plus medical care resulted in better functional outcomes and lower mortality than medical care alone but led to a higher incidence of symptomatic intracerebral hemorrhage.

Links: [Full Article](#) | [NEJM Quick Take](#)

FURTHER INFORMATION

Trial registration: [ClinicalTrials.gov](https://clinicaltrials.gov) number, NCT03811769

Funding: Montpellier University Hospital

Full citation: Costalat V, Jovin TG, Albuher JF, et al. Trial of thrombectomy for stroke with a large infarct of unrestricted size. *N Engl J Med* 2024;390:1677–89. DOI: 10.1056/NEJMoa2314063.

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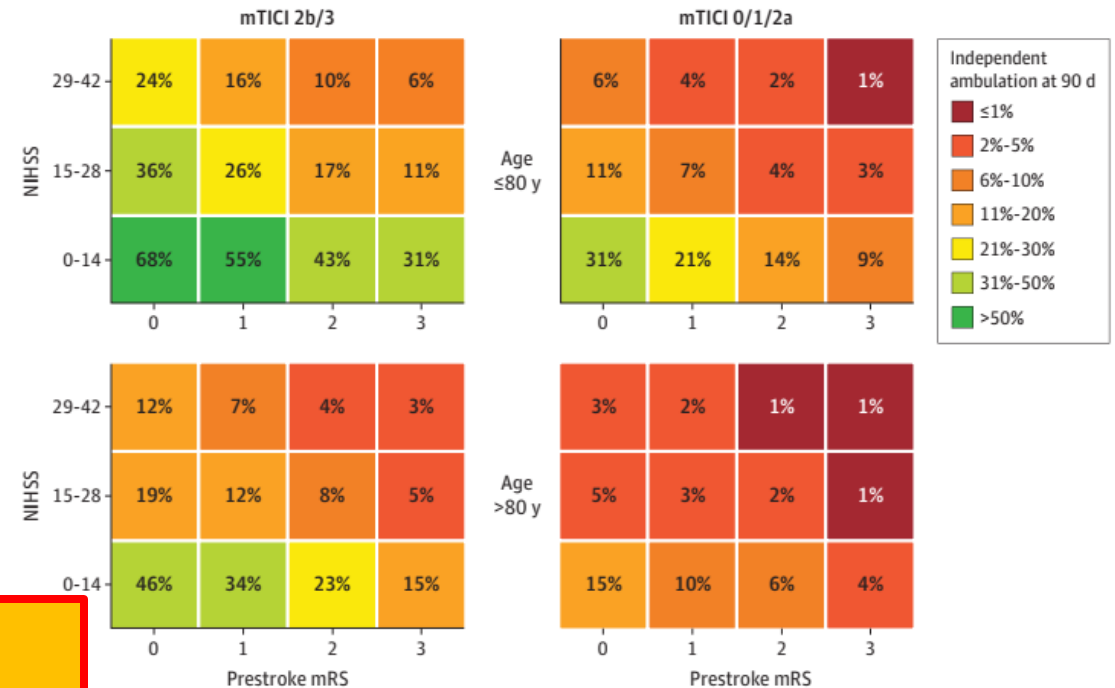
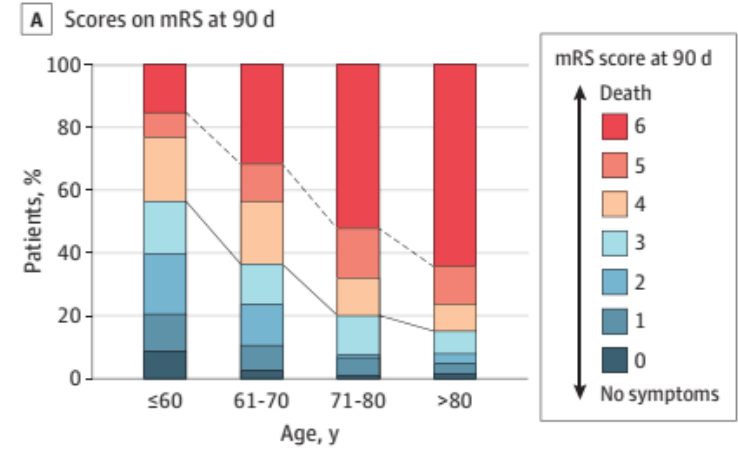
Endovascular vs Medical Management for Late Anterior Large Vessel Occlusion With Prestroke Disability

Siegler et al., Neurology 2023

Multivariable model		
Overall mRS 2-4 (n = 554)		
Medical management	Referent	
Mechanical thrombectomy	3.96 (1.78-8.79)	0.001
Premorbid mRS 2 (n = 276)		
Medical management	Referent	
Mechanical thrombectomy	4.36 (1.01-18.79)	0.048
Premorbid mRS 3 (n = 205)		
Medical management	Referent	
Mechanical thrombectomy	3.80 (1.01-14.24)	0.048
Premorbid mRS 4 (n = 73)		
Medical management	Referent	
Mechanical thrombectomy	4.00 (0.76-21.06)	0.102

Age and Functional Outcomes in Patients With Large Ischemic Stroke Receiving Endovascular Thrombectomy

Winkelmeier et al., JAMA Network Open 2024



Ethique ?

Mediation of Age and Thrombectomy Outcome by Neuroimaging Markers of Frailty in Patients With Stroke

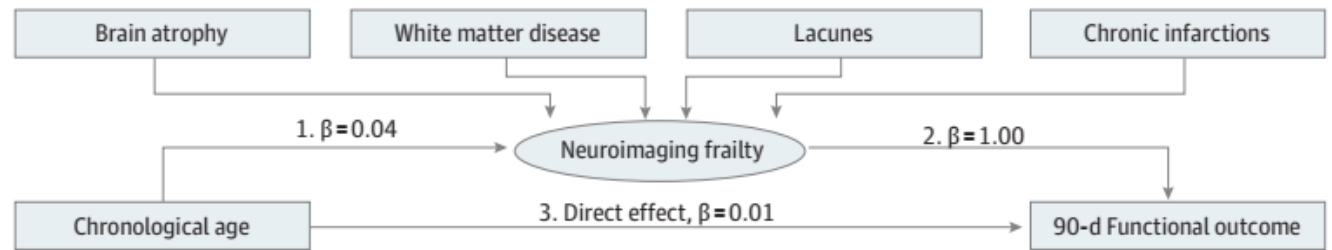
Benali et al., JAMA Network Open 2023

Table 1. Baseline Characteristics

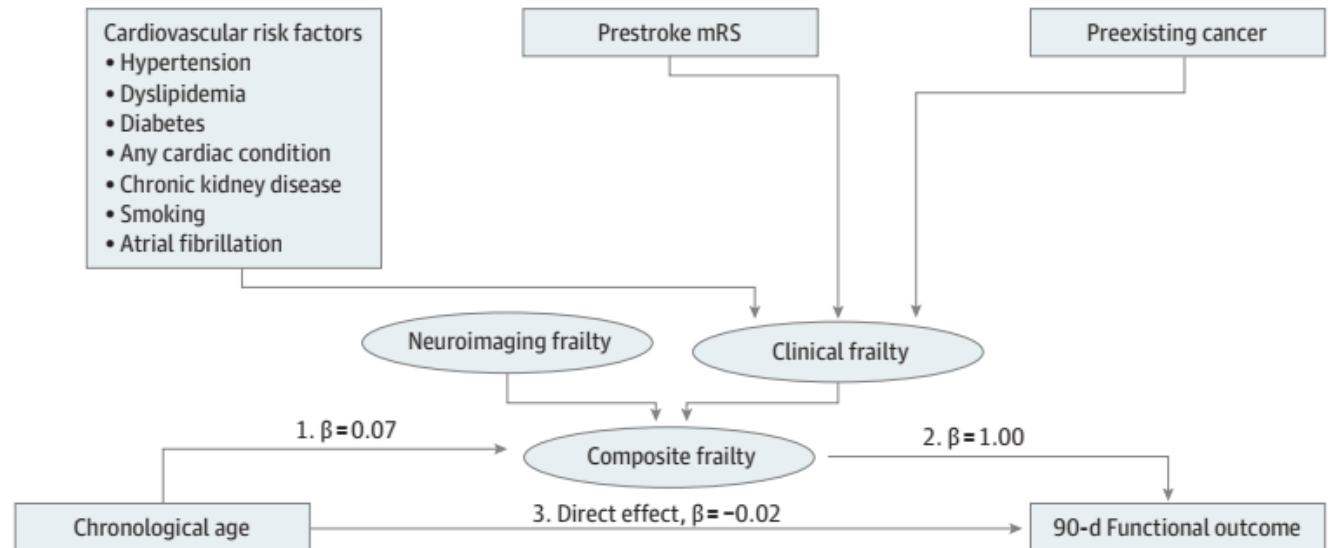
Characteristic	Participants, No. (%) (N = 1102)		P value
	≤71 y (n = 555)	>71 y (n = 547)	
Sex			
Female	238 (42.9)	310 (56.7)	<.001
Male	317 (57.1)	237 (43.3)	
Prestroke mRS score ^a			
0	487 (87.7)	407 (74.4)	<.001
1	51 (9.2)	85 (15.7)	
2	16 (2.9)	50 (9.1)	
3	0	3 (1.0)	
Baseline NIHSS score, median (IQR) ^b	17 (12-21)	17 (13-21)	.06
Comorbidities			
Current smoker	198 (35.7)	34 (6.2)	<.001
Peripheral vascular disease	26 (4.7)	33 (6.1)	.30
Hypertension	321 (57.8)	451 (82.4)	<.001
Hyperlipidemia	221 (39.8)	293 (53.6)	<.001
Diabetes			
Type 1	4 (1.0)	4 (1.0)	.01
Type 2	86 (15.5)	123 (22.5)	
Atrial fibrillation	122 (22.0)	265 (48.4)	<.001
Baseline ASPECTS, median (IQR) ^c	8 (7-8)	8 (7-9)	<.001
Total Fazekas score ^d			
0-1	444 (80.0)	252 (46.1)	<.001
2	63 (11.4)	148 (27.1)	
3-6	48 (8.6)	147 (26.9)	
Global cortical atrophy score ^e			
0	518 (93.3)	300 (54.8)	<.001
1	34 (6.1)	186 (34.0)	
2 or 3	3 (1.0)	61 (11.2)	
CC/IT ratio, median (IQR)	0.10 (0.09-0.13)	0.14 (0.12-0.17)	<.001
Lacunae present	97 (17.5)	175 (32.0)	<.001
≥1 Chronic infarction	57 (10.3)	72 (13.2)	.14
Final infarction volume, median (IQR), mL ^f	27 (9-86)	5 (22-99)	.04
Collaterals			
Good	101 (18.2)	89 (16.3)	.52
Moderate	419 (75.5)	433 (79.2)	
Poor	26 (4.7)	22 (4.0)	
Intracranial occlusion location			
ICA	134 (24.1)	121 (22.1)	.41
M1 branch of middle cerebral artery	395 (71.2)	404 (73.9)	
Intravenous nerinetide treatment	265 (47.7)	284 (51.9)	.17
Intravenous alteplase treatment	345 (62.2)	312 (57.0)	.08

Figure 3. Structural Equation Models Including Different Latent Variables as Possible Mediator

A Neuroimaging frailty



B Composite frailty



Trial of Endovascular Treatment of Acute Basilar-Artery Occlusion

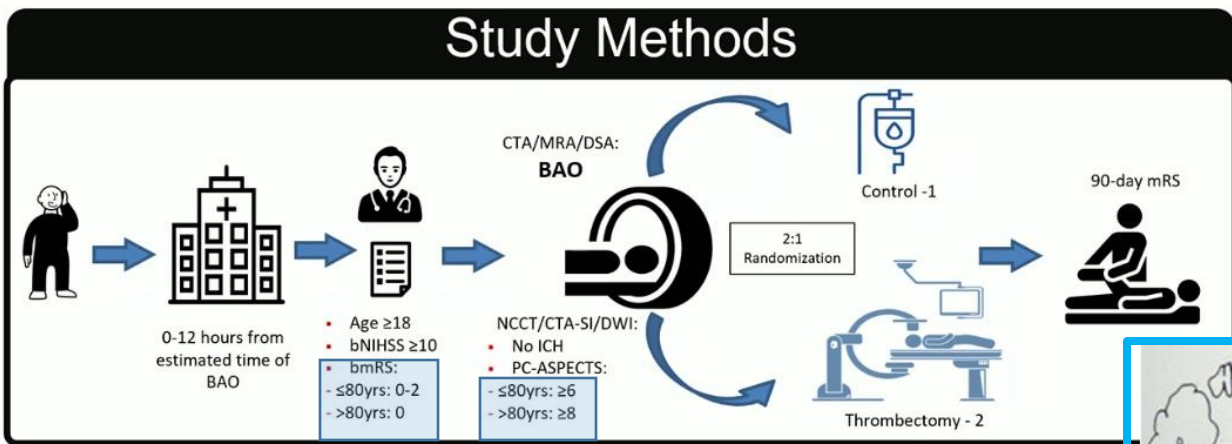
Tao et al –ATTENTION investigators – NEJM 2022



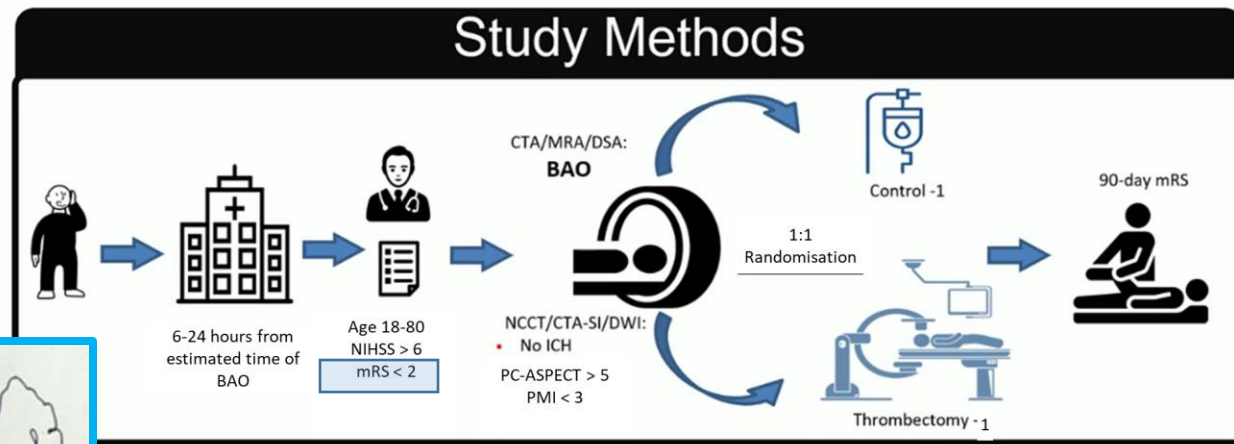
Trial of Thrombectomy 6 to 24 Hours after Stroke Due to Basilar-Artery Occlusion

Jovin et al., NEJM 2022

Study Methods



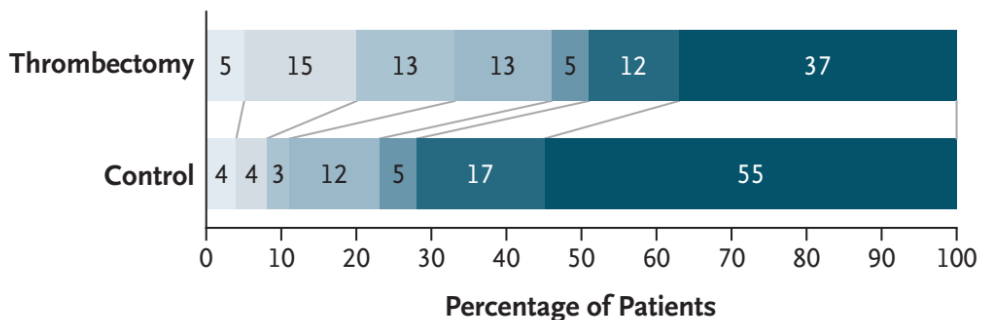
Study Methods



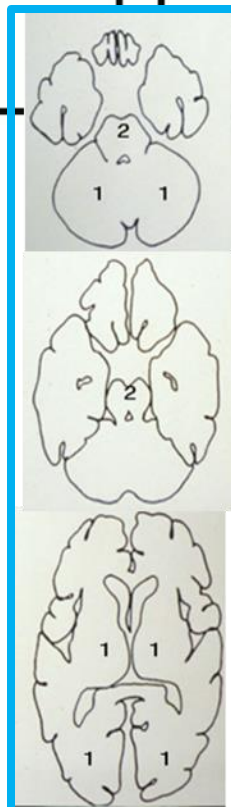
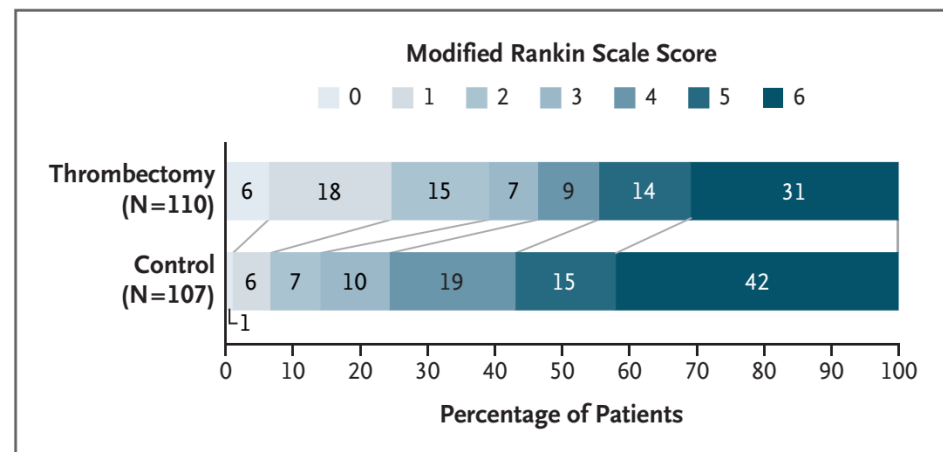
aOR: 2.87 (95% CI, 1.84 to 4.47)

aOR: 2.64 (95% CI, 1.54 to 4.50)

Modified Rankin Scale Score

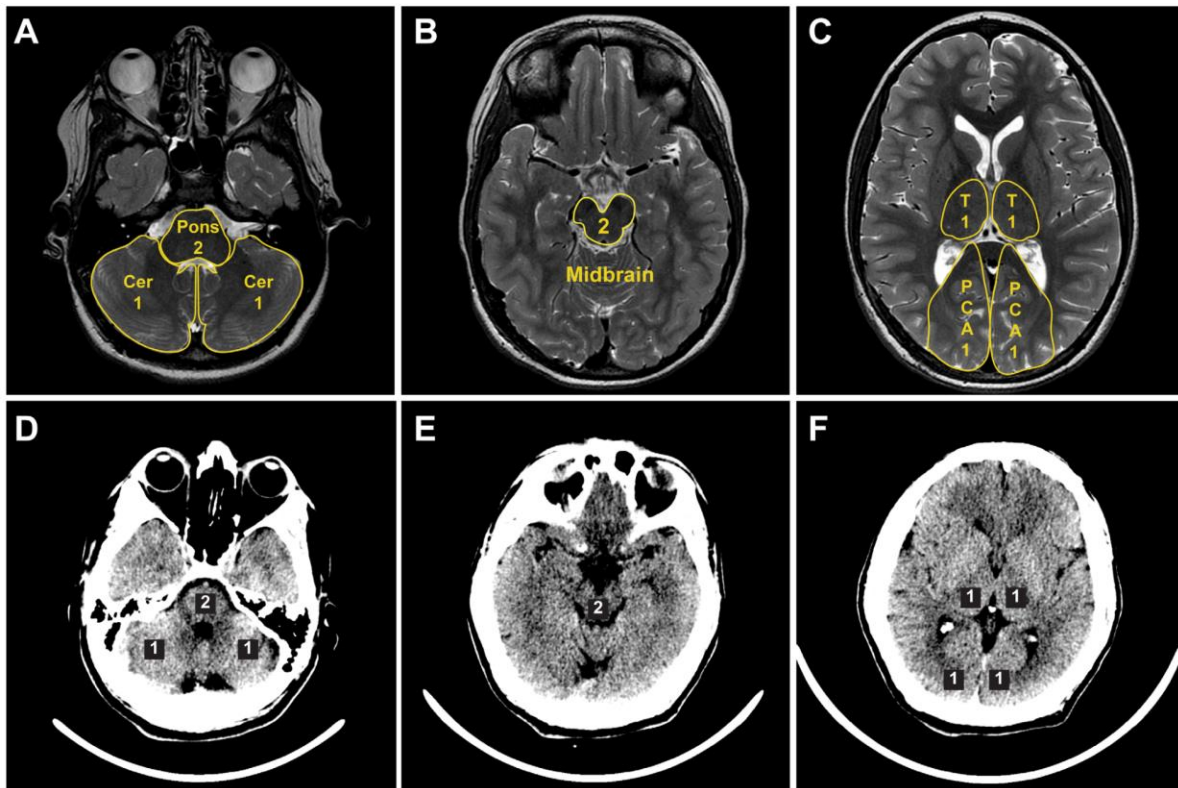


Modified Rankin Scale Score



Focused update to guidelines for endovascular therapy for emergent large vessel occlusion: basilar artery occlusion patients

Heit et al., JNIS 2024 // Strbian et al., ESJ 2024



- ▶ In patients with acute BAO who meet criteria from the BAO-CHE or ATTENTION trials (NIHSS score ≥ 6 , PC-ASPECTS ≥ 6 , CTA with BAO, age 18–89 years), thrombectomy is indicated within 12 hours of last known well (class I, Level B-R).
- ▶ In patients with acute BAO who present between 12 and 24 hours from the last known well, NIHSS score ≥ 6 , or PC-ASPECTS ≥ 6 , thrombectomy is reasonable (class IIa, level B-R).
- ▶ In patients with acute BAO who present beyond 24 hours from last known well, with NIHSS score ≥ 6 or PC-ASPECTS ≥ 6 , it may be reasonable to consider thrombectomy on a case by case basis (class IIb, level C-EO).
- ▶ In aged < 18 years or > 89 years presenting with acute BAO, it is reasonable to consider thrombectomy on a case by case basis (class IIb, level C-EO).

Infarctus cérébral par occlusion proximal < 4h30 = Place de la Thrombolyse Intraveineuse ?

Augmentation reperfusion précoce
Augmentation reperfusion tardive
Réduction durée procédure
Amélioration microcirculation



Augmentation risque hémorragique
Retarde la thrombectomie
Fragmente le thrombus
Risque d'angioedeme
Coût



+



>
=
<



Value of intravenous thrombolysis in endovascular treatment for large-vessel anterior circulation stroke: individual participant data meta-analysis of six randomised trials

Majoie et al., Lancet 2023



6 études Randomisées
1153 patients TM
vs 1160 patients TM+TLY
Etudes de non-infériorité

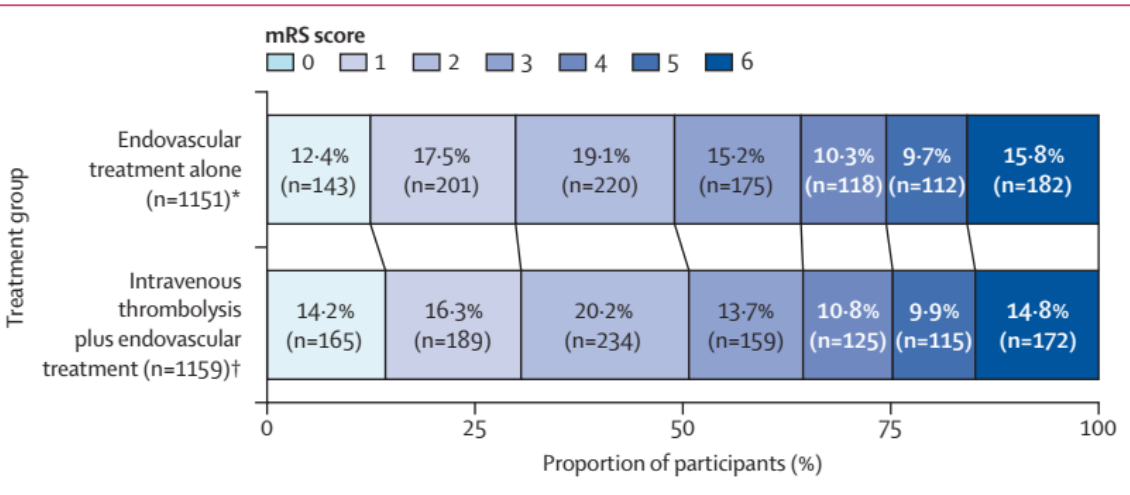
For patients directly admitted to a thrombectomy-capable center for an acute ischemic stroke (≤ 4.5 hours of symptom onset) with anterior circulation large vessel occlusion and who are eligible for both treatments, we recommend intravenous thrombolysis plus mechanical thrombectomy over mechanical thrombectomy alone.

Both treatments should be performed as early as possible after hospital arrival. Mechanical thrombectomy should not prevent the initiation of intravenous thrombolysis, and intravenous thrombolysis should not delay mechanical thrombectomy.

Quality of evidence: Moderate ⊕⊕⊕

Strength of recommendation: Strong ↑↑

Turc et al., JNIS 2022

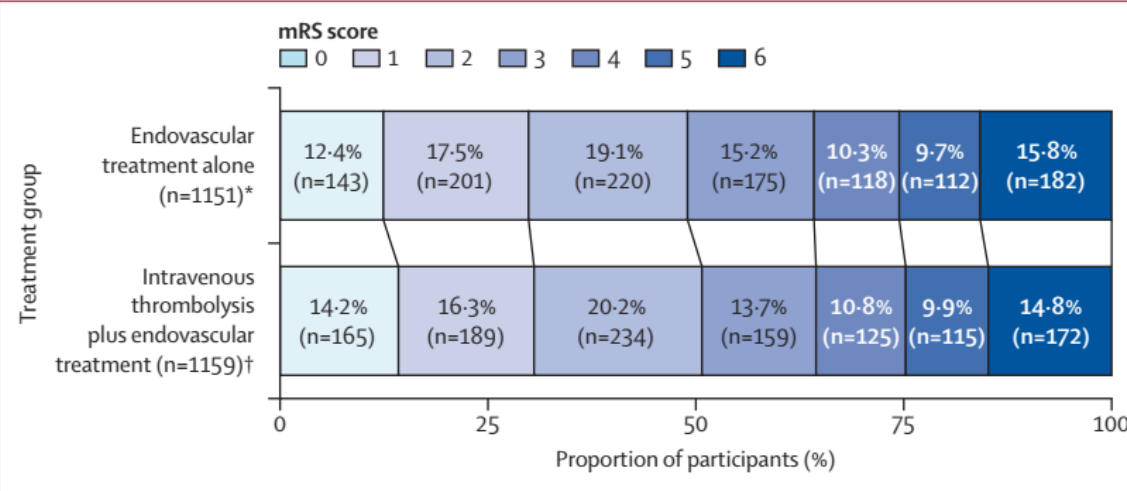
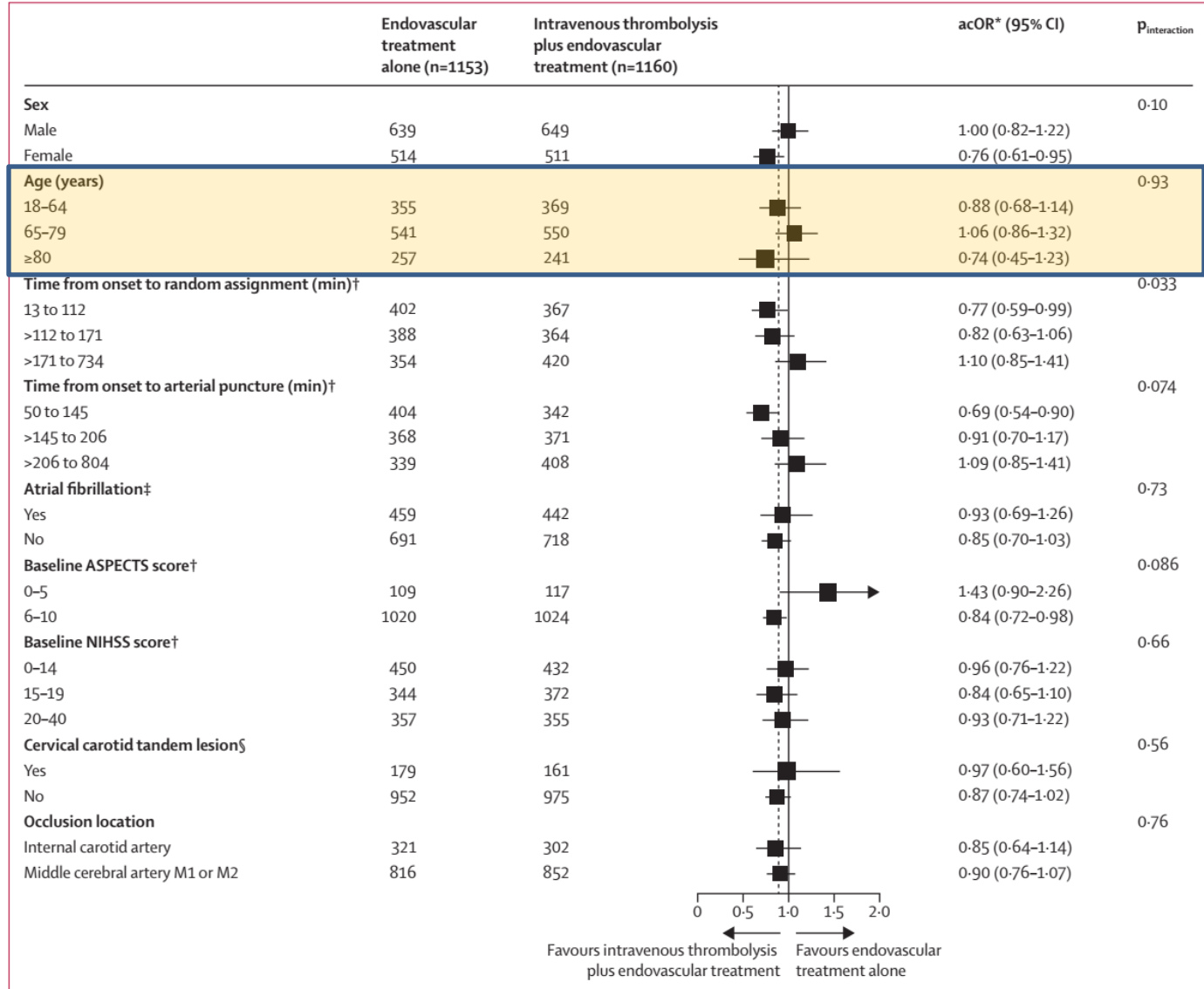


Adjusted value:
0.89 (95% CI, 0.96 to 1.04); P = 0,14

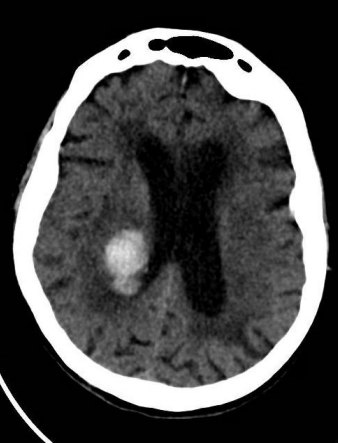
Value of intravenous thrombolysis in endovascular treatment for large-vessel anterior circulation stroke: individual participant data meta-analysis of six randomised trials

Majoie et al., Lancet 2023

6 études Randomisées
1153 patients TM
vs 1160 patients TM+TLY
Etudes de non-infériorité



Adjusted value:
0.89 (95% CI, 0.96 to 1.04); P = 0,14



Treatment for intracerebral hemorrhage: Dawn of a new era

David J Seiffge¹ and Craig S Anderson^{2,3}

International Journal of Stroke
2024, Vol. 19(5) 482–489
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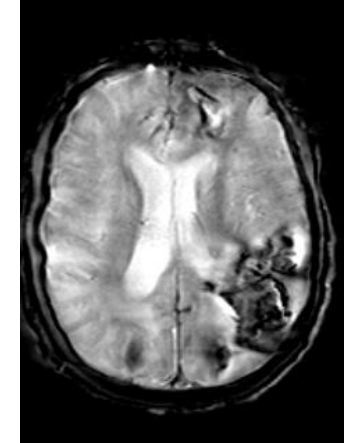
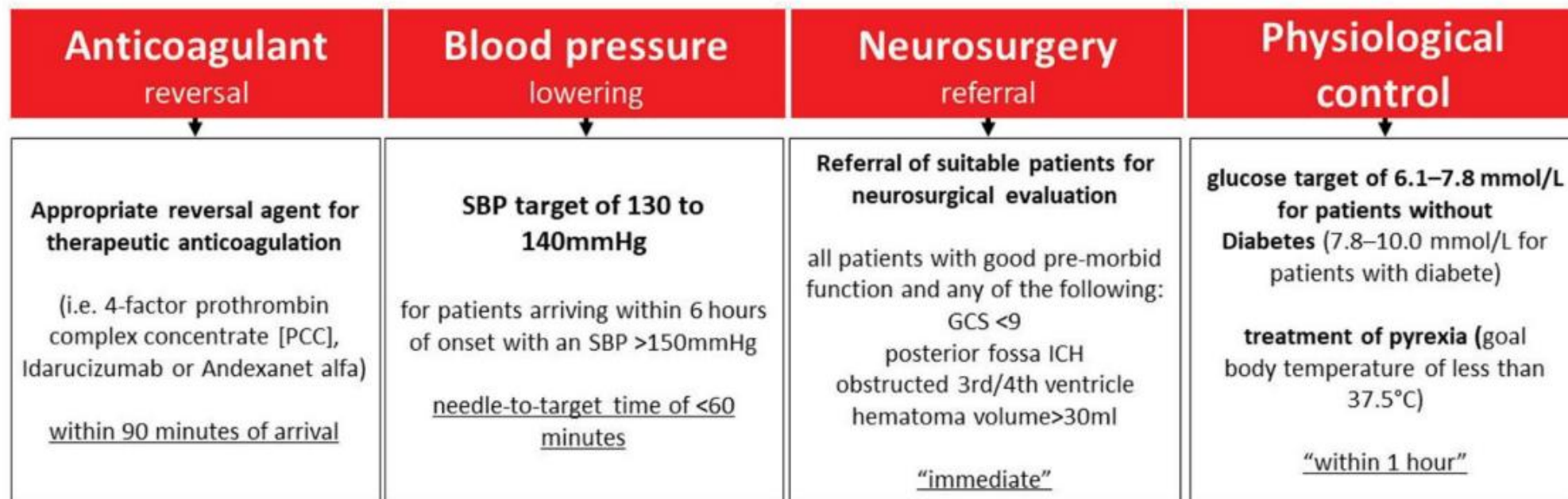


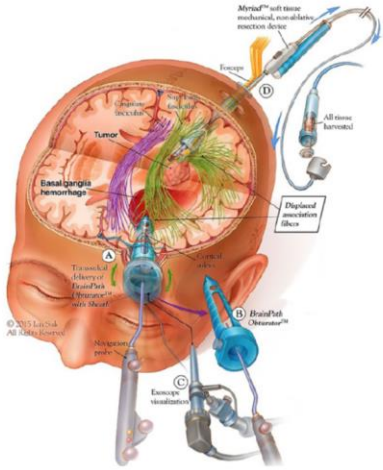
Figure 3. Care bundle approach for hyperacute treatment of intracerebral hemorrhage.^{2,3}



URGENCE THERAPEUTIQUE

Trial of Early Minimally Invasive Removal of Intracerebral Hemorrhage

Pradilla et al., NEJM 2024
ENRICH



- Age 18–80 years
- Pre-randomization head CT demonstrating an acute, spontaneous, primary ICH
- ICH volume between 30 and 80 ml as calculated by the ABC/2 method
- Study intervention can reasonably be initiated within 24 h after the onset of stroke symptoms. If the actual time of onset is unclear, then the onset will be considered the time that the subject was last known to be well
- Glasgow Coma Score GCS 5–14
- Historical Modified Rankin Score 0 or 1

RESEARCH SUMMARY

Trial of Early Minimally Invasive Removal of Intracerebral Hemorrhage

Pradilla G et al. DOI: 10.1056/NEJMoa2308440

CLINICAL PROBLEM

Current treatment guidelines for a spontaneous intracerebral hemorrhage (ICH) support surgical evacuation of the hematoma by means of conventional craniotomy only as lifesaving treatment, because randomized trials have not shown improvement in functional outcomes except in selected subgroups. Whether early minimally invasive surgical removal of the hematoma might improve functional outcomes is unknown.

CLINICAL TRIAL

Design: A prospective, multicenter, open-label, adaptive, randomized trial assessed early (within 24 hours) minimally invasive surgical removal of the hematoma as compared with guideline-based medical management in patients with an acute supratentorial ICH.

Intervention: 300 adults presenting within 24 hours after a lobar or anterior basal ganglia ICH with a hematoma volume of 30 to 80 ml were randomly assigned to minimally invasive trans-sulcal parafascicular surgery plus medical management or medical management alone. The primary efficacy end point was the mean score for disability on the utility-weighted modified Rankin scale (UW-mRS) at 180 days (range, 0 to 1, with higher scores indicating better outcomes).

RESULTS

Efficacy: Among evaluable patients, the mean UW-mRS score was better with surgery than with medical management alone. The benefit of surgery appeared to be attributable to intervention for lobar hemorrhages and not for anterior basal ganglia hemorrhages.

Safety: The percentage of patients who died within 30 days was lower in the surgical group.

LIMITATIONS AND REMAINING QUESTIONS

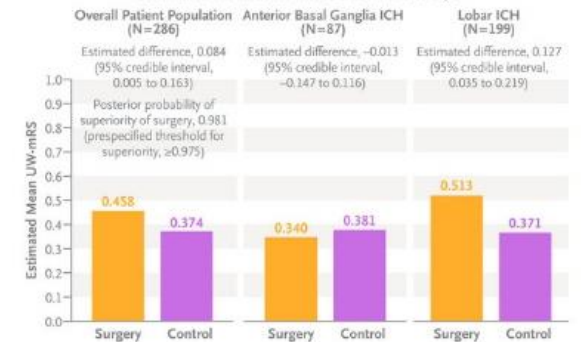
- The trial excluded patients with hematoma volumes of <30 or >80 ml and those with substantial thalamic or intraventricular extension.
- Recruitment of patients with anterior basal ganglia hemorrhages was halted for futility after relatively few patients had been enrolled, so inferences of potential benefit in these patients are limited.

Links: Full Article | NEJM Quick Take | Editorial

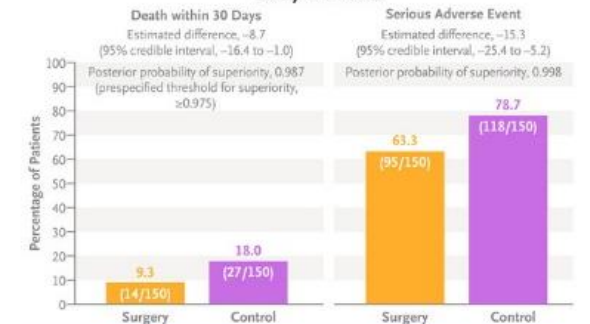
Intracerebral Hemorrhage



Estimated Mean UW-mRS Score at 180 Days



Safety End Points



CONCLUSIONS

In patients presenting within 24 hours after an acute supratentorial lobar ICH of 30 to 80 ml, minimally invasive surgical evacuation of the hematoma plus guideline-based medical management improved functional outcomes as compared with medical management alone.



1975



Admission en USINV



Collaborative systematic review of the randomised trials of organised inpatient (stroke unit) care after stroke

Stroke Unit Trialists' Collaboration *Langhorne et al., BMJ 1997*

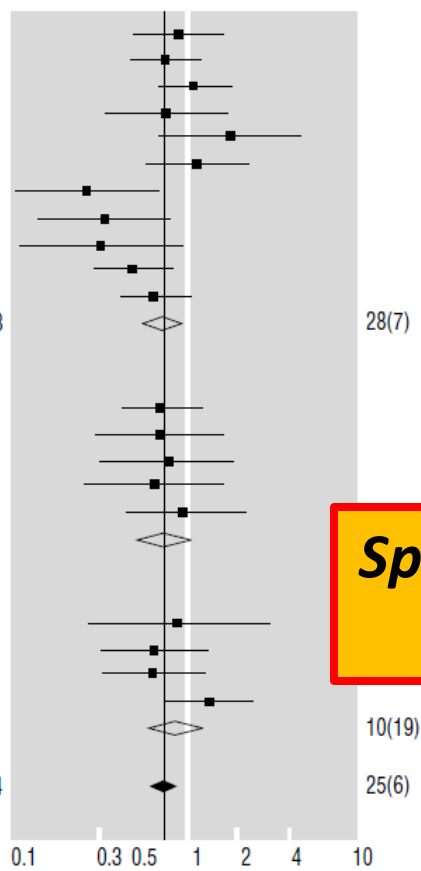
Stroke-unit care for acute stroke patients: an observational follow-up study *Candelise et al., Lancet 2007*

Trial	Treatment observed/total	Control observed/total	Observed minus expected	Variance	Odds ratio (95% CI) (Treatment:control)	Odds reduction (SD)
Dedicated stroke unit v general medical ward						
Dover ¹¹	50/98	48/89	-1.36	11.70		
Edinburgh ¹²	66/155	78/156	-5.77	19.39		
Goteborg-Ostra ¹³	49/215	43/202	1.57	17.95		
Kuopio ¹⁷	22/50	23/45	-1.68	5.97		
Montreal ¹⁸	57/65	52/65	2.50	4.44		
Nottingham ²¹	28/98	21/76	0.40	8.71		
Orpington (1995) ²³	18/36	30/37	-5.67	4.17		
Orpington (1993) ²²	9/53	19/48	-5.69	5.10		
Perth ²⁴	6/29	14/30	-3.83	3.36		
Trondheim ²⁶	41/110	61/110	-10.00	13.84		
Umea ²⁷	51/110	105/183	-7.57	17.16		
Subtotal	397/1019	494/1041	-37.10	111.68		28(7)

Mixed assessment/rehabilitation unit v general medical ward						
Helsinki ¹⁵	36/121	46/122	-4.83	10.64		
Illinois ¹⁶	22/56	17/35	-2.00	5.35		
New York ¹⁹	15/42	17/40	-1.39	4.94		
Newcastle ²⁰	18/34	21/33	-1.79	4.14		
Uppsala ²⁸	40/60	35/52	-0.18	6.22		
Subtotal	131/313	136/282	-10.19	34.26		

Dedicated stroke unit v mixed assessment/rehabilitation unit						
Dover ¹¹	11/18	18/28	-0.35	2.61		
Nottingham ²¹	34/78	32/63	-2.51	8.74		
Orpington(1993) ²²	24/71	33/73	-4.10	8.67		
Tampere ²⁵	43/98	42/113	3.52	12.69		
Subtotal	112/265	125/277	-3.44	32.70		10(19)

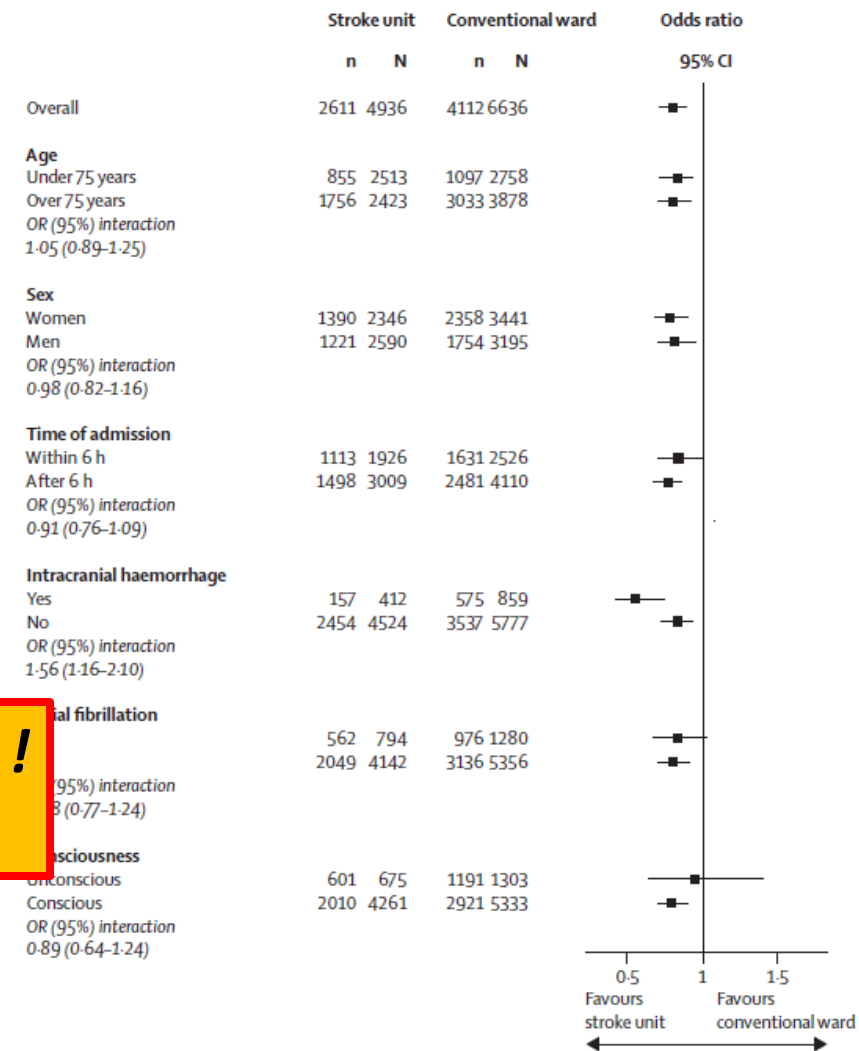
Total	640/1597	755/1600	-50.74	178.64		25(6)
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mRs ≤ 2 à 3 mois
66% vs 58 %
NNT = 12,5

UNV
pour
TOUS

Spécificités du sujet âgé !
USINV dédiées ?



Conclusion

PREVENIR

SFNV DIMINUER **80%** LE RISQUE D'AVC DE

LES 5 MESURES PRÉVENTIVES

- 1 CONTRÔLER SA PRESSION ARTÉRIELLE**
L'hypertension artérielle est le principal facteur de risque d'AVC.
140/90
50% des hypertendus ignorent qu'ils le sont.
Si la tension artérielle est à 140 de maxima ou à 90 de minima, consulter un médecin.
- 2 MANGER SAINEMENT**
5 par jour
MANGER DU PÊCHEUR RÉGULIÈREMENT
PRÉPARER SOI-MÊME À MANGER
CONSOMMER DES ALIMENTS PEU SALÉS
- 3 CONTRÔLER SON CHOLESTÉROL**
Tous les 5 ans
Le taux de LDL-cholestérol (le mauvais cholestérol) doit être **< 1,6 g/l**
- 4 AVOIR UNE ACTIVITÉ PHYSIQUE**
Marcher au moins **30 min par jour**
- 5 ARRÊTER DE FUMER**
La consommation de cigarette **MULTIPLIE PAR 2 LE RISQUE D'AVC ISCHÉMIQUE CÉRÉBRAL**

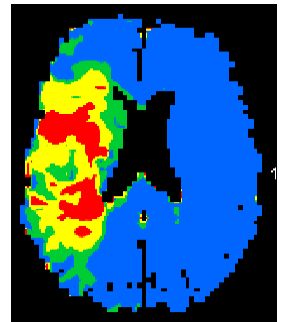
www.societe-francaise-neurovasculaire.fr
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IDENTIFIER / REAGIR

F > perte de force ou engourdissement au visage (Face)
A > perte de force ou engourdissement au bras (Arm)
S > trouble de la parole (Speech)
T > pas de temps à perdre : appelez le 15 (Time)

[APPELEZ]
le 15
112 depuis un portable

FILIARISER



UNV dédiée

PERSONNALISER LES PRISES EN CHARGE